

The National Guard ON GUARD

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Top recruiter, retention NCO honored

Virginia's Sgt. 1st Class Judy D. Haste was presented the Secretary of the Army Award as the top Army National Guard Recruiter and Ohio's Master Sgt. David S. Herman the Secretary of the Army Award as the top Army National Guard Retention NCO in ceremonies recently in Washington.

TOP RECRUITER

Haste was recognized for her efforts in achieving 147 percent of her assigned objectives with 53 total enlistments during the past fiscal year. Of the total, 33 were non-prior service enlistees, while 20 had previous military service. Of that number 21 were high school graduates and another four were high school seniors. Of her 33 enlistees without previous military service, 30 tested in Category I-III.

Haste is no stranger to recognition for her accomplishments. She was Honor Graduate of her Active Army Recruiting School class in 1972, was Honor Graduate from her Basic Noncommissioned Officer Academy class and graduated as Honor Graduate from her Basic NCO and Primary Leadership Development (PLDC) courses, as well.

She is also active as a parent in the Parent Teacher's Association, Band Parents, and with both the Boy Scouts and Girl Scouts of America.

Besides her own recruiting accomplishments, she also served as assistant to her recruiting Area NCOIC, assisting in training activities.

Haste became a member of the full-time recruiting force in 1983 has been awarded the Master Recruiter Badge.

RETENTION TOPS

Herman has been the Ohio Army National Guard Retention NCO since 1983. He was recognized for steadily forming the basis for an effective retention program which incorporated both retention awareness at the highest levels within the state and sound practical training and application at the lower levels to reduce the attrition rate within the Ohio Army Guard.

Concentrating on one hand on commanders, he emphasized awareness teaching courses for retention classes to commanders, command sergeant's major, senior NCOs and first line supervisors as well as officer and NCO development courses at the Ohio Military Academy.

He wrote the Ohio Army National Guard attrition management regulation which established Attrition Management Review Boards, while also designing and writing computer systems to provide automated statistical data for management of attrition. He also briefed battalion and higher level commanders on strength matters relating to retention, and provided commanders sound and timely advice on actions to enhance their retention programs.

Herman has also published a monthly retention newsletter to provide up to date information for the use of retention NCOs and commanders throughout the Ohio Army National Guard.



'D-DAY' — Retired Col. Robert M. Miller visits the 29th Division Memorial in Vierville-sur-mur, France during ceremonies to commemorate the 45th anniversary of the D-Day invasion. Miller was instrumental in having the memorial erected last fall. He served as company commander during the Normandy campaign. (Photo by Staff Sgt. Perry Thorsvik)

New Battle Staff course provides challenge For NCOs on battalion, higher staffs

By Sgt. Lara M. Riscot

Training is to the Army what oil is to an engine. It ensures the smooth and effective operation of all its parts when called into action. And, training is critical for command and control in wartime.

However, recently, training in the Army National Guard wasn't available for senior noncommissioned officers serving in battle staff positions, and active Army courses were longer than most Guard members could afford to leave their civilian jobs to attend.

So, conceivably, an Army Guard NCO could serve 20 years after completing his Advanced NCO Course without any further formal training.

FIX THE "SQUEAK"

To lubricate this squeak in this system, the Army Sergeants Major Academy developed a two-week senior noncommissioned officer Reserve Component Battle Staff Course (RCBSC) for senior NCOs who work or will work on a deployable unit staff at battalion, brigade or division level.

Two pilot courses were conducted in January and March, with another planned for August or September, according to Master Sgt. Roy A. Austin, chief and part-developer of RCBSC.

"The course gives an overview of all staff duties so that the NCOs are aware of what goes on in a tactical environment," he said. "We had NCOs who had no idea of what was involved in the other staff areas."

Austin added that the NCOs learned a great deal from the course. The overall test results increased almost 40 percent from the pretest to the post test.

"Everyone came away having learned more than what they had expected," said Command Sgt. Maj. Robert H. Crossley, commandant of the NCO school at the Pennsylvania National Guard Academy. A student at the second pilot course, Crossley had served in a staff position of a deployable unit for over 20 years.

"This (RCBSC) was long overdue," he said. "The staff officers have this kind of training, but the NCOs didn't. The NCOs get locked into their own staff sections."

"This is a much needed course for the Reserve Components," said Master Sgt. Deborah J. Collins, deputy commandant of the NCO division of the Arkansas Military Academy. She attended both pilot courses — the first time as a student, the second as an instructor. "By being only two-weeks long (the course), NCOs can go in lieu of annual training."

"It's very compressed and compact," Collins added. "It puts out a lot of information in a short time. But in the Guard and Reserves, time is not a luxury."

The RCBSC is one of the Reserve Component Training Strategy actions the Army is implementing to keep its training machine well oiled.



SITUATION BRIEFING — Arkansas Army Guard Master Sgt. Jerry L. Selby points to a situation map during an exercise, part of the Battle Staff Course.



THE WAY IT IS — Sgt. 1st Class Roger P. Drake, an instructor with the Battle Skills Course, discusses an exercise with 1st Sgt. James D. Holland, Georgia Army National Guard.

'On Guard' to take on new looks

Things are 'a-changin' with "On Guard." So much so that a heads up is in order to make readers aware of the changes in store with the award of a new contract for the National Guard Bureau combination newspaper and news service, presently scheduled to take place in August 1989.

Although the name will remain the same, the format for the new "On Guard" will be a tabloid newspaper similar to many one might see in the Shopper Newspaper racks of a local supermarket.

The changes come after lengthy surveys into the effectiveness of the existing command information products and the need to make "On Guard" more informative and better suited for supporting the "news" and "art" needs of state-level and unit newspapers.

With that in mind, it was decided to change the basic design of "On Guard" to a tabloid newspaper. By doing so, more space was provided for informative articles on subjects National Guard members need to know about, and that their families may appreciate knowing.

At the same time, by shifting to a form of newspaper familiar to most readers, increased use might be gained with the newspaper format, capable of being passed around from person to person as well as selected pages being posted to unit bulletin boards.

Clip Sheets Retained

At the same time, recognizing the need for occasional focus on special subjects, the clip sheets similar to current "On Guard" pages have been retained, along with the capability of publishing bi-monthly Fact Sheets and quarterly posters in formats already known to regular users of "On Guard."

These clip sheets, fact sheets and posters will be used to highlight special observances, events and personalities in a fashion which may be used repeatedly — such as a recent poster on Hispanic heritages within the National Guard.

In all, the overall intent of the "On Guard" package is to provide information, highlight noteworthy activities of units and members of the National Guard, and provide a system which can publicize on-going as well as planned programs which

affect members of the National Guard, their families, and employers. These revisions are intended to accomplish just that in a more readily acceptable, and more flexible fashion.

DoD defines sexual harassment

Definition

"Sexual Harassment" is a form of sex discrimination that involves unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature when:

- . Submission to or rejection of such conduct is made either explicitly or implicitly a term or **condition of a person's job, pay, career, or**
- . Submission to or rejection of such conduct by a person is used as a basis for career or employment decisions affecting that person, or
- . Such conduct interferes with an individual's performance or creates an intimidating, hostile or offensive environment.

More Specifically

Any person in a supervisory or command position who uses or condones implicit or explicit sexual behavior to control, influence, or affect the career, pay, or job of a military member or civilian employee is engaging in sexual harassment.

Additionally, any military member or civilian employee who makes deliberate or repeated unwelcomed verbal comments, gestures, or physical contact of a sexual nature is also engaging in sexual harassment.



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Lt. Col. Pete Wyro, Editor

'Good Samaritan' takes final flight

The 182nd Tactical Air Support Group said "goodbye" to an era and an old friend recently as the unit's C-131 "Samaritan" cargo/personnel carrier departed on its final flight.

As it left Illinois on its final voyage, with 182nd TASG commander Col. Kenneth D. Peterson at the helm, a team from Buckley Air National Guard Base, Colo., was preparing to receive the aging aircraft to restore and preserve it for a historical display at the Lowry AFB museum in Colorado.

"The most memorable flight in the old girl took place Feb. 9, 1988," recalled Tech. Sgt. Thommie Edwards, flight mechanic. "We were flying a group of 30 Peoria civic leaders to Davis-Monthan AFB (in Tucson, Ariz.) when we lost power in one of the aircraft's two engines while flying over the Rocky Mountains. Col. Peterson safely brought the injured bird into Davis-Monthan and landed her." In the event of such a problem, the C-131 had been designed to fly with only one engine operating.



FINAL CHECK — Tech. Sgt. Thomas Kelley, flight engineer, gives the retiring C-131 "Samaritan" a final engine check. (Photo by Maj. Robert G. Arnett)

The 182nd's "Samaritan," tail number TN554753, is 34 years old and had logged 4,404.4 flying hours since June 1974. The bird rolled off the assembly-line in 1955.

The aircraft made its final duty flight

April 23, carrying 20 Guard members back to Peoria after a training exercise.

Since being assigned to the 182nd, the "Samaritan's" mission had been support cargo and passenger missions for Army and Air National Guard units in Illinois.

Media award winners are announced

Army National Guard public affairs units and personnel took nine first place awards out of 14 categories in Second Army Public Affairs competition recently.

The 'Volstate Guard,' published by the 118th Public Affairs Detachment, Tennessee, and edited by Maj. J. William Preston, placed first in the Annual Training Newspaper category. The "Florida Guardsman," published by the 107th Public Affairs Detachment and edited by Maj. Jon Hunt, was first in New Magazine and Publication Design categories. Spec. Jennifer Dickert, 382nd Public Affairs Detachment, North Carolina, placed first in Army National Guard Article Writing for her story titled

"Looking Inside: The Other Panama."

Other Army Guard winners included Staff Sgt. Bob Jordan, North Carolina State Area Command, for News Feature Photography as well as Photojournalism Personality/Portrait categories. Mike Lynch, Kentucky Department of Military Affairs, Public Affairs Office won in the Special Public Affairs Achievement category for "Dedication of the Kentucky Vietnam Veterans Memorial," Maj. Gustavo A. Velez, Puerto Rico's 113th Public Affairs Detachment, in the category TV Sport Programming for his submission called "Guardia, Nuestra Guardia," and also for TV Feature Programming with a show entitled "Annual Summary 87-88."

Tac. Clinic award

The 183rd Tactical Clinic, Capital Airport, Springfield, Ill., received one of the highest awards of the military medical profession, the Theodore C. Marrs Award, at the 95th Annual Convention of the Association of Military Surgeons of the United States. Brig. Gen. John McMerty, then deputy director, Air National Guard, presented the award to Maj. Steve Knight, commander, 183rd Clinic.

The award recognizes the unit's ability to achieve and maintain the highest standards of the medical mission set by the Air National Guard. The 183rd Tactical Clinic has the distinction of being the only Air National Guard medical unit to have won this award three times.

The unit was also awarded a plaque by Headquarters Air Force Safety and Inspection Center for outstanding mission support.

Brig. Gen. Navas: 'NCOs — key to Guard's readiness'

On Guard recently spoke with Brig. Gen. William Navas, Jr., deputy director, Army National Guard, on "The Year of the NCO" and his thoughts on the noncommissioned officer in the Army National Guard. Here are some comments from that interview.

"NONCOMMISSIONED OFFICERS"

"Just as (Army Chief of Staff) Gen. Vuono said the theme 'Year of Training' (last year) needed to be a recurring theme, I would hope to see 'The Year of the NCO' as a recurring theme and continue giving emphasis to the NCO corps.

From my background as a Hispanic, when we recognize the contributions of different groups only during some special observance, it means we're not there, yet.

But I don't think that is the case with the NCO corps. The NCOs have indeed made significant contributions to the National Guard and our Total Army, and I don't want to think that our recognition of their contributions is only being done as part of this year's theme 'The Year of the NCO.' We need to give continual emphasis to the NCO corps and recognize their accomplishments constantly.

... NCOs have indeed made significant contributions ...

MEMORABLE NCO

"One NCO that I cannot forget was my First Sergeant when I came into the Guard, **1st Sgt. Rafael Llamas**. He was especially important to me at that time and I still get a card from him once in a while. He had been a warrant officer in Korea. I wanted to command a company in the Guard because I had commanded a company on active duty but I knew it was two different things.

"Sgt. Llamas really helped me learn about the Guard and was that type of 'take charge' NCO that took care of everything, with a lot of attention to detail and a sense of humor. I would say I owe a great part of my success in the Guard to that introduction to the Guard from Sgt. Llamas.

... that type of 'take charge' NCO that took care of everything ...

NEW NCO CORPS

"I think we have a 'super' NCO corps today. When I served in Vietnam I was concerned because I saw a NCO corps after Korea that had lost some of its focus, and to some, part of its prestige. You had the young, bright Spec. Fours and E-5's and the young lieutenants, but you had platoon sergeants who, for some reason or



Brig. Gen. William A. Navas, Jr.

another, either during or after Korea, had kind of been moved out of the mainstream of Army leadership. Here they were, thrown into a different

kind of war and either they did not have the skills or they were not assertive enough to take the rightful place, where the NCO had to be.

"When we came into the All-Volunteer force and the quality of the soldiers improved to where it is the best ever, the quality of our NCO corps has kept pace with that progress through the NCO education system, through NCO professional development and that says a lot for our NCOs. We have superb quality NCOs doing the jobs they had been destined to do, the old 'Sergeant's Business' of training the soldier in their individual skills and making sure everything runs smoothly.

"The NCO corps is back at the top of its prestige.

... I saw a NCO corps after Korea that had lost some of its focus ... part of its prestige.

SET STANDARDS HIGH

"I think we 'grow' NCOs by default. By that I mean we have programs to identify potential future officer leaders and work to get them through state OCS or another officer producing program, and the people who don't go into that program we — by default — it would seem, look to to become NCOs.

"I think we should have a system — if we don't already — where we identify a person's leadership potential just as we do for OCS, where we could groom him for leadership positions as a future NCO.

"We should get him early enough and work with them to groom and develop them as our future first sergeants and sergeants major. For the soldiers themselves, they need to start early in working to become proficient in the skills that make them good soldiers and will identify them as good prospects for becoming future NCOs.

"The responsibilities and challenges of the NCOs in today's Army Guard are much heavier than in the past and are getting even heavier. The readiness requirements — the training programs, weapons systems — make it urgent that the NCOs fulfill their responsibilities, and that our NCO development programs prepare them to assume their responsibilities. Our NCO academies are helping fill that need.

"Our Battle Skills Course at Little Rock, which is Guard-unique, offers NCOs with a technical MOS the opportunity to get back into a field environment with such things as patrolling and the skills they'd need to survive on the modern battlefield. This is another way we can help our NCOs meet their increased responsibilities.

... the soldiers themselves ... need to start early ... to become proficient ...

LEADERSHIP ROLE

"The key to a strong and ready Guard is a well motivated and trained individual with a supportive family and employer. It is evident that the NCO plays a significant role in those three aspects ... training the soldier, motivating them and ensuring that the family cohesion is there, because that starts at the squad level and has to be at the squad level. Even if you have a battalion (level) party once a year, you have to have the squad level cohesion. And the NCO makes it happen with employers as well, knowing when there has to be some give and take. In that way the NCO is the key to the readiness of our Guard."

... training the soldier, motivating them ... ensuring that the family cohesion is there ...

MSgt Lewis proves to be 'Mr. Coordinator'

Watching him work, some people might call Master Sgt. Danny Lewis of the 181st Civil Engineering Squadron a classic "wheeler-dealer."

But for many others, especially the 25 people he moves into and out of Costa Rica without a hitch for overseas training, he is simply "Mr. Coordinator."

A Terre Haute, Ind. building contractor by trade, Lewis finds time to fit in a six-month active duty tour at the Air Guard Support Center at Andrews AFB, Md. around his schedule. There he serves as liaison chief for deploying Prime Beef (Base Engineer Emergency Force) teams and their highly trained engineers, carpenters, masons, electricians, instrument control technicians, sheet metal workers, heavy equipment operators and firemen, to name a few, anywhere in the world.

His work as a "coordinator" has brought him into contact with Prime Beef teams from the tropics to the frozen north. This year his work was concentrated in Costa Rica, where an engineer unit from Ft. Benning, Ga. formed the basis for Task Force 36 at a base camp in the tropical nation, where three Air Guard units were rotated into the region to help build a dozen one-room school houses and two community



MR. COORDINATOR — Master Sgt. Danny Lewis posts the next day's schedule for the 170th Civil Engineering Squadron to review. Lewis works solo six months each year as a liaison team chief for Prime Beef teams deploying worldwide. (Photo by 1st Lt. Phil Blahut, U.S. Southern Command)

centers.

"Joint forces engineering exercises are something we can expect to see more of, and it's excellent training," Lewis said. "We need to plan, live and work together, to sing off the same sheet of music."

Lewis, who works alone at his key

coordination tasks, thinks there is nothing more gratifying than a smooth annual training that he helped get started and end on the right note.

Editor's Note: 1st Lt. Phil Blahut, Kansas Air National Guard, assigned to the Theater Support Element in Panama contributed to this story.



BALLROOM DANCING, ANYONE? — After more than 30 years of military service, Hawaii Army Guard Command Sgt. Maj. Mitsuo Hasegawa and wife Ethel may have more time for their hobby, ballroom dancing, now that he has retired as the senior enlisted advisor for the 2nd Battalion, 299th Infantry. (Photo by Staff Sgt. Dennis Y. Fujii)

CSM Hasegawa retires on 'Big Island'

More than 30 years ago, 25 year old Hilo (Hawaii) resident, Mitsuo Hasegawa took on the challenge of developing young men and women on Hawaii's 'Big Island' into Army National Guard soldiers.

Recently, in their first dining-in ever, soldiers of the 2nd Battalion, 299th Infantry expressed their appreciation for his work, following his retirement in April of more than 41 years of military service, 22 of which had been spent as a senior enlisted advisor on the 'Big Island'.

Hasegawa joined the Hawaii Army National Guard in February 1948 after graduating from Hilo High School. During his service as an Army Guard soldier he had been a supply sergeant, unit administrator, sergeant major and battalion command sergeant major.

Recalling his past, he remembered when "A soldier was paid \$2.50 a day" and recalled riding an inter-island cargo freighter from Hilo to Honolulu for two days, then riding a cattle truck to

Schofield Barracks for annual training.

Hasegawa also remembers the days of the 2,000-strong 299th Regimental Combat Team, the forerunner of the battalion which exists today, and the shift in economy on the 'Big Island' in the 60's from sugar production, which brought high unemployment and a reduction in the size of the unit.

In recent times, Hasegawa has been a driving force behind the Hawaii Army National Guard's organization and participation in an annual community service project called "Superkids," sponsored by the American Lung Association.

Now 60, Hasegawa plans to make the most of his retirement by participating in a hobby he has enjoyed over the years — ballroom dancing.

Editor's Note: Staff Sgt. Steven M. Lum, 117th Public Affairs Detachment, contributed to this story.

National Guard Marathon Trials winners



TICKER TAPE, FINALLY — Utah Army Guardsman Jay Woods raises his arms in victory as he nears the ticker tape ending the National Guard Marathon Trials in Lincoln, Neb., with a winning performance. (Nebraska National Guard photo)



WATER, WATER, WATER — The Rhode Island Army National Guard's Margaret Wilkens reaches for a cup of water enroute to her winning performance in the women's division of the National Guard Marathon Trials in Lincoln, Neb. in May. (Nebraska National Guard photo).

The National Guard's 'Court of Honor'

It is called simply, and dramatically in its simplicity, the Medal of Honor. Not the Congressional Medal of Honor, as some will call it, but simply, the Medal of Honor, the badge of ultimate valor, sacrifice, perseverance against unfathomable odds, which this nation bestows upon its bravest of the brave.

Its recipients have included military members from all walks of life, including individuals who were members of the National Guard.

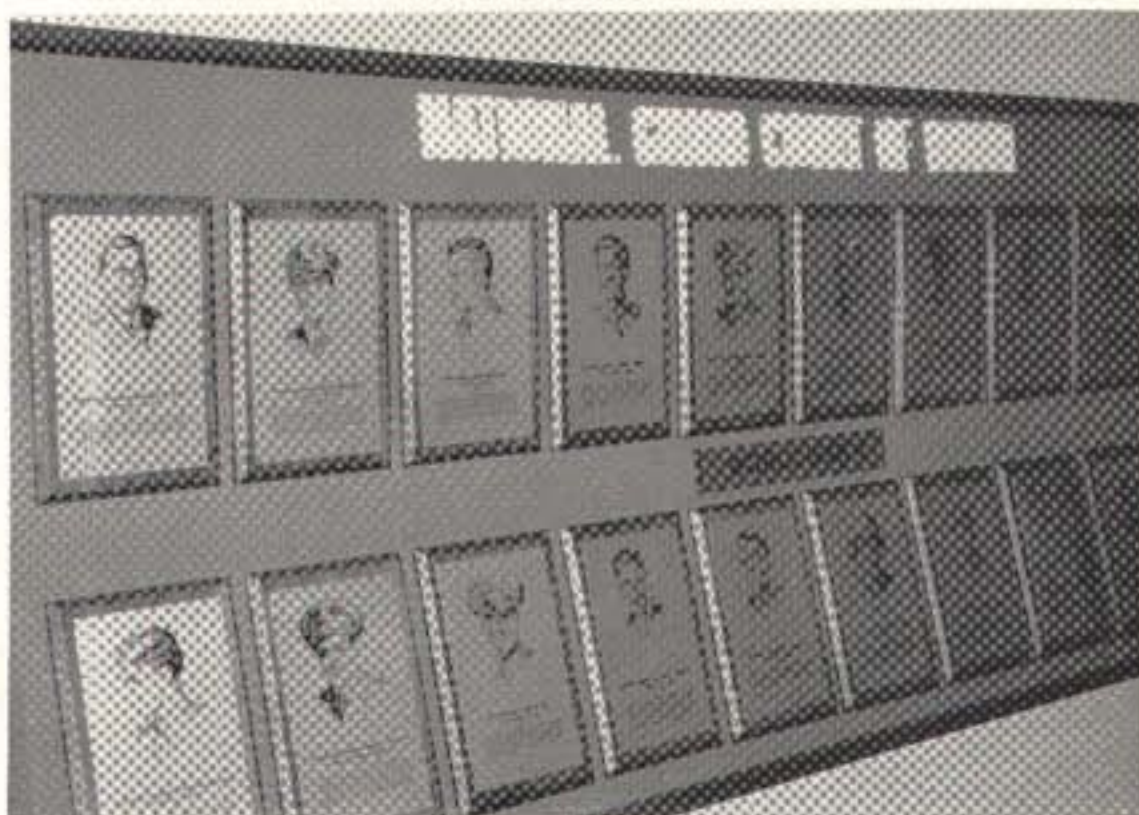
COURT OF HONOR

Within the National Guard Bureau corridors, Medal of Honor recipients who were members of the National Guard at the time of their entry into federal service, during which time the action that the Medal was awarded occurred, are held in honor in the "NGB Court of Honor."

Historical records indicate there were 14 National Guard Medal of Honor recipients from the Philippine Insurrection, 42 from World War I, 21 from World War II and four from the Korean Conflict.

The list of National Guard Medal of Honor recipients includes, by state:

Cpl. Sidney E. Manning, Alabama.
 Capts. Reginald B. Desiderio and Nelson M. Holderman, and 2nd Lt. Robert M. Viale, California.
 Lt. Col. William R. Grove, Colorado.
 1st Lts. Robert B. Nett and Lee R. Hartell, Connecticut.
 Pvs. Lloyd G. McCarter and Thomas C. Neibaur, Idaho.
 Cpls. Jake Alex, Ralph Hill and Thomas E. Pope, 1st Sgts. Johannes S. Anderson and Sydney G. Grumpertz, Pvt. Berger Loman and Capt. George H. Mallon, Illinois.
 Staff Sgt. Thomas E. McCall, Indiana.
 2nd Lt. Erwin R. Bleeckley, 1st Lt. Arthur M. Ferguson, Col. Frederick Funston, Sgt. John A. Huntsman, Pvs. William B. Trembley and Edward White, Kansas.
 Capt. Lewis L. Millett, Maine.
 Pvt. Henry G. Costin, Maryland.



'COURT OF HONOR' — The National Guard's display of Medal of Honor recipients is located in Minute Man Hall, inside the Pentagon.

1st Lt. Raymond Beaudoin, Staff Sgt. George J. Hall, Pfc. Michael J. Perkins, Sgt. 1st Class Charles W. Turner, Massachusetts.

Capt. Charles A. Lindberg, (peacetime aviator), Capt. Alexander R. Sinker, Missouri.

Pfc. George Dilboy, New Hampshire.

1st Lt. Francis C. Burke, New Jersey.

Sgts. Thomas A. Baker, Michael A. Donaldson, Alan L. Eggers, John C. Latham, Richard W. O'Neil, Reider Vaaler, Pfc. Frank Gaffne, Cpl. Thomas E. O'Shea, Pvt. Michael Valente, 2nd Lt. John E. Butts, 1st Lt. William B. Turner and Lt. Cols. William J. Donovan and William J. O'Brien, New York.

Pvt. Robert L. Blackwell, North Carolina.

Pvs. Charles P. Davis, Willis H. Doans, Gotfred Jensen, John B. Kinne, Frank F. Ross, Thomas Sletteland, Richard M. Longfellow and Cpl. Frank L. Anders, North Dakota.

Pvt. Roger W. Young, Pfc. Frank J. Petrarca, Tech. Sgt. Forrest E. Everhart, 2nd Lt. Albert E. Basel, and Lt. Col. Addison E. Baker, Ohio.

2nd Lt. Ernest Childers, 1st Lt. Jack C. Montgomery, Oklahoma.

Sgt. James I. Mestrovitch, 1st Lt. Joseph H. Thompson, Pennsylvania.

Cpls. John C. Villepigua, James D. Heriot, Sgts. Richard H. Hilton, Thomas L. Hall, Gary E. Foster, and 1st Lt. James C. Dozier, South Carolina.

Pvt. Calvin J. Ward, Sgts. Joseph B. Adkison, James E. Karnes, Edward R. Talley, and 1st Sgt. Milo Lemert, Tennessee.

Cpl. Samuel H. Sampler, Sgt. James M. Logan, 1st Lt. Jack L. Knight, Texas.

Tech. Sgt. Frank D. Peregory, Sgt. Earl D. Gregory, Virginia.

Sgt. Kenneth E. Gurenert, 1st Sgt. Elmer J. Burr, Wisconsin.

5 + 5a missing
from 7/89

'shorttakes'

DIRECT DEPOSIT MANDATORY

Direct Deposit became mandatory for all new active-duty Air Force personnel July 1. For new Air National Guard personnel, it becomes mandatory beginning Sept. 1.

Air Force News Service releases have noted that unit commanders have been instructed to ensure military personnel have a direct deposit pay account within 60 days of arriving at their duty stations unless a waiver is granted.

AGR MEDICAL TREATMENT SUPPORT OUTLINED

The Army Guard Surgeon's office has outlined responsibilities for administration of AGR soldiers' medical/health care in recent memorandum to all states.

It identifies the Army AGR Management Section in the Support Personnel Management Office (SPMO) as the point of contact for management of the AGR health care program including such actions as routine and emergency care, over-40 cardiovascular screening, panoramic dental x-rays, and any required medical or dental processing.

It also outlines procedures and conditions for obtaining medical care through civilian facilities, for both elective and emergency care.

NEWSPAPER MAILINGS TO PRIVATE FIRMS

Air Force News Service officials have cautioned newspaper editors and other personnel from regularly mailing copies of their newspapers to private firms.

The caution came after a private firm, Military Living Publications in Falls Church, Va., wrote a series of newspaper editors seeking to be placed on a mailing list for their unit or base newspapers.

In a message to all commands, the Air Force noted "Air Force policy is to keep mailing costs at a minimum. Bases are not authorized to use DoD official postage to regularly mail copies of their newspaper

to private firms. AFR 190-1 does authorize a base to send an individual copy of the newspaper in response to an unsolicited request from a private firm, if it is in the interest of the Air Force.

ABOUT THE RC BATTLE SKILLS COURSE

The RC Battle Skills Course for senior NCOs is for M-Day soldiers who work or will work in a deployable battalion, brigade or divisional unit, and is designed to enhance the warfighting capability of

the units by training their NCOs to perform in key battle staff positions.

The course is 106 hours long, and takes two weeks. Applicants must be graduates of an advanced NCO course in their current specialty, and must be in the grade of master sergeant, first sergeant or sergeant major.

Class size is limited to 48 students, half Army National Guard, and the other half Army Reservists.

More information may be obtained from Master Sgt. Roy A. Austin at autovon 978-8270.

OOPS!

The 'shorttakes' section in the June issue of "On-Guard" stated that **Sgt. Pamela M. Jones** became the first woman in the Nebraska Army National Guard to attain that rank (Sgt.), when she

was recently promoted. "On-Guard's" apology to **Master Sgt. Pamela M. Jones** and congratulations on her promotion.

Military focus on credit card scam

The Air Force News Service reports that a Los Angeles man was awaiting arraignment in Federal court in May for ripping off more than 100,000 military personnel in a credit card scam.

The man legally obtained the names and addresses of military personnel, then hired a legitimate firm to address and mail postcards telling the recipients they had been selected to receive a credit card of their choice with a \$2,500 line of credit, according to Air Force Investigative Service officials.

Instructions on the postcards told the recipients to send \$14.77 to Credit Division, 139 South Beverly Dr., Suite 312, Beverly Hills, Calif. 90212, and was

signed "Regards: Clark Hudson, Major Credit Card Authorization Center" at the same address.

The \$14.77 was to cover processing and handling costs.

According to Post Office officials, it actually became the "mastermind's" payroll and, for most, a \$15 experience.

Still, if someone believes they were taken in by this alleged scam, they can submit a claim, composed of a short note and a copy of a cancelled check or money order to: Reginal Chief of Inspectors, Headquarters Western Region, U.S. Postal Inspection Services, San Bruno, Calif., 94098. Attn: MOSC.

Want To read More?

The volume on **Gettysburg: High Tide of the Confederacy** in the Time-Life series on the Civil War is a good start. Written by Champ Clark, it has plenty of interesting pictures.

The U.S. Army War College Guide to the Battle of Gettysburg, by Jay Luvaas and Harold Nelson, is a more detailed look at the battle. The text is taken mainly from after-action reports of commanders on the field, which gives a real "you are there" flavor.

Believe it or not, the best book about Gettysburg is a novel, Michael Shaara's **The Killer Angels**. If you enjoy reading about the Civil War it is a must; if you know nothing about the Civil War (and don't care) you will still enjoy it. The National Guard's own Joshua Chamberlain, commander of the 20th Maine, is a leading character.



National Guard Regiments With Gettysburg lineages

1863 Designation

4th Alabama
7th Connecticut
14th/20th Connecticut
17th Connecticut
1st Delaware
7th Indiana
2d/3rd Louisiana
Washington Lt. Artillery
20th Maine
1st Maryland
1st/13th Massachusetts
9th Massachusetts
19th Massachusetts
1st Michigan
2nd Michigan
3rd Michigan
1st Minnesota
2nd/5th New Hampshire
8th New York
21st New York
22nd New York
65th New York
69th New York
84th New York
8th New Jersey
11th North Carolina
18th Pennsylvania
90th Pennsylvania
143rd Pennsylvania
4th Ohio
6th Ohio
7th Ohio
1st Rhode Island Lt. Arty
1st South Carolina
1st Virginia
5th/52nd Virginia
Norfolk Lt Arty and
Richmond Howitzers
12th Vermont
1st Wisconsin

Present Designation

167th Infantry
169th Infantry
102nd Infantry
192nd Field Artillery
198th Signal Battalion
151st Infantry
156th Infantry
141st Field Artillery
133rd Engineer Battalion
175th Infantry
101st Field Artillery
101st Infantry
101st Engineer Battalion
225th Infantry
125th Infantry
126th Infantry
135th Infantry
172nd/197th Field Artillery
258th Field Artillery
174th Infantry
102nd Engineer Battalion
127th Armor
69th Infantry
187th Field Artillery
113th Infantry
119th/120th Infantry
103rd Engineer Battalion
108th Combat Support Hospital
109th Field Artillery
166th Infantry
147th Infantry
145th Infantry
103rd Field Artillery
118th Infantry
276th Engineer Battalion
116th Infantry

111th Field Artillery
172nd Armor
126th/127th Infantry



LITTLE ROUND TOP — A statue of Brigadier General Gouverneur Warren, Chief Engineer of the Army of the Potomac, who gave the crucial order to reinforce the hill on the battle's second day. (Photo — National Park Service)

Army establishes varied, healthier menu at AT

By Maj. Susanne Strickland

Notice less cake and more apples in the dining hall during annual training lately? The changes are in response to recommendations from the Army Surgeon General to reduce the risk of disease through better nutrition by providing a menu that includes more poultry, fruits, cereals and whole grain breads, with less gravies, high fat desserts, eggs and fried foods.

Most health-conscious people will view these changes as a step in the right direction. However, some individuals totally dedicated to the concept of health improvement, may say these changes are not enough.

Because military personnel perform such a wide variety of physical activities under various conditions, military nutritional standards for calories, fat, and



sodium, fat, cholesterol and highly refined foods.

Soldiers expect these foods and a failure to provide them drives soldiers away from the dining hall when they have a choice of where to eat, or causes morale problems during field exercises when they do not have that choice.

The key word here is choice. Just as the Army cannot demand that a soldier quit smoking because it is bad for health, likewise, it cannot deny him certain foods just because they could lead to the development of disease.

The Army's role is to motivate, educate and offer healthy choices. Ultimately, however, the individual must decide. The Army menu, as it is currently written, offers the soldier all the right foods for a healthy diet if he chooses to select them.



sodium tend to be higher and less restrictive than those currently recommended by the American Heart Association (AHA) and other health organizations.

For example, the military standard for fat intake is 35% of calories while the AHA recommendation is 30%. AHA recommends 1,000 milligrams of sodium for every 1,000 calories while the military standard is a range of 1,400 to 1,700 milligrams per 1,000 calories.

Army menu planners, when asked why water changes weren't made to the menu in order to comply with the more strict AHA guidelines, explained it this way: First, these levels provide Army menu planners flexibility in offering food choices the average G.I. demands.

Like it or not, the traditional American diet is an unhealthy one, laden with



CONSERVATIVE APPROACH

Secondly, the Army has taken a conservative approach to menu modification because the ramifications for change are so great. Many nutrition issues currently reported in the news media are still unresolved as to scientific validity. Policy makers have to be careful not to be swept away by an emotionally charged, popular issue, of questionable benefit to the soldier.

For example, while evidence is fairly conclusive that saturated fat raises serum cholesterol levels, it appears that not all saturated fats have the same effect. Some research indicates that beef fat may not be as detrimental as butter fat or tropical oils.

Furthermore, the jury is still out on the effects of dietary cholesterol on blood cholesterol levels. Oat fiber, while it has received a lot of attention for its cholesterol lowering properties, is not the only fiber that has this effect.



When the Army makes a decision as significant as removing eggs or red meat entirely from the menu, or adding oat fiber to all its baked goods, the decision must be based on sound scientific knowledge and not in response to pressure from media hype or nutritional zealots.

Lastly, if we consider the fact that the average Army Guard soldier eats food from the Army 14 Day Menu only twice each month and for two weeks during annual training, the menu choices he makes, regardless of what they are, will have little effect on his overall health status. This is especially true if they are eaten in conjunction with a wide variety of healthy foods the rest of the time.

Profiled: SGM Hiram Brewer, Jr.



Once several years ago when he was asked by his commander if he would like to go to OCS to become an officer, this individual recalls answering, "No thanks, sir, I think the Army needs good NCOs, too."

Today that individual has risen from a military career begun in 1958 with seven years of active duty in the Air Force, to become the Senior Enlisted Advisor to the Commander-in-Chief U.S. Army Europe, with a ready access to the "ear" of the commander of one of the world's most potential battlefields.

He is Sgt. Maj. Hiram Brewer, Jr. whose unassuming demeanor belies the deliberate, thought provoking professionalism which best characterizes him.

Discharged from the Air Force in 1965, Brewer joined the Florida Army National Guard serving as a team and squad leader then platoon sergeant with Company C, 3rd Battalion 124th Infantry before becoming a Tactical NCO and later Assistant Commandant for the Florida Army National Guard NCO Academy. He returned to active duty in 1984 as co-developer of the unique and demanding Army National Guard Battle Skills Course, at that time, at Ft. Benning, Ga., ran two iterations of the course, then moved it to Camp Robinson, Ark. and ran two more iterations before moving on to the 24th Infantry Division as ARNG Operations and Training NCO. He then attended the Army's Sergeants Major Academy, and after graduation, was assigned to his current post.

A Senior NCO on 'NCOs'

On Guard took advantage of the opportunity to talk with Sgt. Maj. Hiram Brewer, Jr. and asked him several questions concerning his perceptions of being an NCO and "The Year of the NCO" in general. Here are his comments from that interview.

THE OBSERVANCE

"Every year is the Year of the NCO . . . the term 'Sergeant's Business' should really be 'Leaders' Business.' We're all leaders, the officers and the noncommissioned officers at all levels. The things often referred to as 'Sergeant's' business, is really the old proverbial thing that the NCO's train the soldiers and make things happen, leaving the Officers free to make policy and allocate resources. So, I think it only fitting the Secretary (Army) and the Chief of Staff (Army) have dedicated a year to the NCO.

PROFESSIONAL DEVELOPMENT, IMPROVEMENTS

"When I first joined the Guard in 1974, our NCO professional development programs were in their infancy. There were then, and there are still shortcomings in the lower level, or first line leaders positions in the squads and platoons. But we've attempted to address that situation with the development of the Battle Skills Course, which was designed to be a squad leader/section sergeant course to try to bring the Army National Guard squad leaders to an acceptable level of proficiency in their jobs so they can sustain themselves on the battlefield and take care of their soldiers.

"One perception of mine is that sometimes we're guilty of thinking more highly of ourselves than we should. The limited amount of time we're able to put into on our jobs as M-Day soldiers and the lack of everyday association with our soldiers, prevents us from training and sustaining them as well as guiding and managing their careers.

"I feel that we shouldn't compare ourselves to the active component (NCO) who actually has a captive audience and is constantly with his soldiers.

"One of my mentors used to say 'The Army National Guard soldiers will rise to meet whatever challenge you put before them. What you have to do is **give them the tasking, give them the resources, give them the minimal amount of time and they'll accomplish that mission.**'

"I have seen this in just about every phase of training that you could put a National Guard soldier into except actual conflict. I've seen this at NTC (National Training Center) in USAEUR, in the NCO academies, overseas deployment exercises, and in active component courses. The National Guard soldier has excelled, and always will.

"We have a tendency to aim much higher for the amount of time we have to put into it (our training), and sometimes we judge ourselves too harshly by not being able to reach those high goals. We fail to reflect on the amount of time that we actually have to achieve those goals. Although

the standards are the same for both sides, we must ask ourselves the question, 'If the RC can achieve the same thing with part-time training, why have a fulltime force?'

"One illustration of this is tank gunnery. We say we can shoot as well as the active component, and then we drive our soldiers eight to ten hours on a bus, draw the tanks from a MATES facility, send them to the range, set up the range targets, and run them through the gunnery course. We try to do this in three days (a MUTA-5 or 6) and the guys are half asleep or they're tired even before they've drawn the tanks. Then they have to drive back home on Sunday night just in time to get to work on Monday morning.

"I wonder if we should bring our level down a notch to a level we could achieve and sustain, that we could spring from on mobilization."

TIME MANAGEMENT, TOPS

"National Guard officers, NCOs and soldiers utilize their time much more efficiently because time has a greater meaning to them. They have much more to accomplish in a shorter time, therefore, they have to make a more detailed plan on how they're going to utilize that time than do the active component soldiers who have the Army as their full-time job.

CHOOSING TO BECOME AN NCO

"We look closely at our young soldiers coming out of AIT, MOS and NCO courses and other schools. We always want to take the outstanding soldier and send him to OCS. However, we have a lot of declinations, a lot of soldiers who would rather not go to OCS, they want to be NCOs. I have seen this happen numerous times. I think a lot of this has to do with the 'mentoring' in a unit. I think we should let the soldiers themselves decide, and we should monitor, test and recommend them down to the specialist level.

FAMILY ROLE AND SUPPORT

"I am a firm believer that if the family is happy then the soldier is going to be happy and more productive. If the family is not happy then the converse is true.

"I think we have to really emphasize family programs that contribute to good sound relationships between the family and the units. How the unit relates to the family as well as to the total community affects combat readiness, morale, recruiting, end strength, everything that makes up a good sound unit. Units where soldiers only come to drill and then go home, and do not participate in parades and other community activities, then what you've got is a unit that has low morale, a strength problem, and an overall low readiness factor. Families are the key because they are the community.

ROLE OF EDUCATION

"I am also a firm believer in both military and civilian education. A young soldier should take

See "Brewer" page 8A.

PEOPLE

COMMUNITY SERVICE AWARDS

Maj. Joseph Dannenfels, commander of the 121st Engineer Battalion (Combat Corps) accepted the Department of Army Community Relations Award of Excellence from Lt. Gen. Herbert R. Temple, Jr. recently for work his unit performed in preparing the Savage River in Maryland for international Whitewater Canoe and Kayak competition.

HENNESSEY TROPHY WINNERS

Two Air National Guard units were named winners in the 1988 Hennessey Food Service Award competition. They included the 112th Tactical Fighter Group, Greater Pittsburgh International Airport, Pa., the large category winner, and the 200th Civil Engineer Support Heavy Repair Squadron from Port Clinton, Ohio won the small category competition. The awards were presented at the annual National Restaurant Association exposition held in Chicago in May.

DRAPER ARMOR LEADERSHIP AWARD

Company C, 1st Battalion, 131st Armor, Alabama Army National Guard was chosen winner of the 1988 Draper Armor Leadership Award for the Second Army area. The award is given each year for the best overall performance by a unit which achieves an outstanding or excellent rating in annual training, a satisfactory rating on the last command readiness inspection, and an authorized personnel strength, job qualification and training levels. Units are also judged on their support for local emergencies, maintenance, energy



AWARD OF EXCELLENCE — Maj. Dannenfels receives the Dept. of Army Community Relations Award from Lt. Gen. Herbert R. Temple, Jr., chief, NGB as Maj. Gen. James F. Fretterd, Adjutant General for Maryland looks on. (NGB photo by Lt. Col. Pete Wyro)

conservation and community relations. ("On Guard" thanks Sgt. 1st Class Marion Causey, senior full-time technician for the unit, for bringing this to our attention.)

AIR FORCE BASE SUPPLY TOPS

The Idaho Air National Guard's 124th Resource

Management Squadron's Base Supply satellite operation was named tops in its class in the Air Force and winner of the 1988 Daedalian Supply Effectiveness Award.

The unit was judged on criteria which measured how well it accomplished its mission while performing mission support, supply effectiveness, customer support, past unit inspections, facility enhancements, its outstanding accomplishments, unit recognitions programs and base/community involvement.

KPUP KEY INSTRUCTOR

The Army Guard's Key Personnel Upgrade Program (KPUP) has enabled numerous soldiers to gain valuable individual training and experience by working alongside their active Army counterparts. For at least one soldier, however, it has also provided a means of showing the Army's active duty soldiers what a Guardsman can do in the process.

Sgt. Daniel Domenget, assigned to the 273rd Engineer Company, Onalaska, Wis., was selected to help fill a shortage of instructors at the Army's Motor Transportation Operator Course at Ft. Dix, NJ. Filling in for the shortage of active Army instructors, he and fellow Army Guardsman Sgt. Dennis Gerald, a squad leader with the 104th Maintenance Company, District of Columbia National Guard, provided some much needed relief to the active Army school.

Sgt. Domenget was awarded the Army Achievement Medal in recognition of his work.

(Editor's Note: Our thanks to Master Sgt. Susan Casey, Army Guard Liaison NCO at Ft. Dix, who brought this story to "On Guard's" attention.)



KPUP KUDOS — Sgt. Daniel Domenget, left, receives the Army Achievement Medal from Lt. Col. Vincent H. Parr, Jr., commander of the 36th Transportation Battalion, for his fine work in meeting a shortfall of instructors for the Army's Motor Transportation Operations Course, while participating in the KPUP program. (U.S. Army Photo)

Brewer and NCOs

advantage of every opportunity to attend military and civilian schools to better prepare himself. Those who prepare themselves at the entry level are the ones who are going to get ahead.

"MOS qualification is a must, and will remain just as important as time moves along. We sometimes lose sight of our mission as soldiers, and the reason for having an Army. We also fail to tell our young soldiers why we have an Army. Although deterrence is our primary objective, if that fails we have got to kill. Our soldiers must fully understand this. If the occasion arises for the soldier to chamber a round, and he says 'this isn't why I joined the Guard', we've got a problem, and that is a leadership problem that failed to train and to inform that soldier in the first place.

OVERSEAS TRAINING IMPORTANCE

"In USAEUR we use three major programs for training our soldiers. One is the Overseas Deployment Training where we train our units as they take part in major joint readiness exercises such as REFORGER. Also, we have mission training where units come over and do actual mission training comparable to what their wartime missions would be. We also have some production centers where the units such as HEMCO and AAVCRAD do a production mission in support of USAEUR.

"The second is KPUP where soldiers come over and get to train in what their mission would be when the 'flag' goes up. They get to view the terrain and go back and tell their soldiers what it is like and they get to see things you can only read in books. It has been proven that 'hands on' training is the best way to train, so what better training could you get then to go to where your contingency plan calls for and actually train. A unit or individual that trains overseas has a very meaningful training experience.

The third training vehicle we use is our exchange program. This is a program established to allow ARNG units and individual soldiers to train with the equivalent forces of one of the NATO allies. This program is very successful in promoting a respect for the training in tactics, weaponry, and traditions of our close allies.



NATIONAL AWARD — Maj. Gen. John B. Conaway, vice chief, National Guard Bureau, accepted the Public Employees Roundtable Public Service Award from Sen. Ted Stevens, (R) Alaska, on behalf of the Alaska National Guard. Stevens nominated the Alaska National Guard for the key role it played in "Operation Breakout," the rescue effort to free the trapped California gray whales last October near Barrow, Alaska.

California honors Guard heroes

Two members of the Fresno Army National Guard were awarded the Medal of Valor — the state's highest award for heroism — in the state capitol.

Gov. George Deukmejian and state Adjutant General Robert Thrasher presented the medals to **Staff Sgt. Gerardo Sanchez**, 34, and **Sgt. David Aguilar**, 29, at the ceremony.

Sanchez and Aguilar were honored for rescuing a Lemon Cove family after a

traffic accident last June on Highway 41 in the Cottonwood Pass area east of Paso Robles.

The citations accompanying the medals said Sanchez and Aguilar ignored the danger of fire from leaking gasoline and propane and worked for 45 minutes to free John and Barbara Woods and their two daughters, Jennifer, 9, and Jonni, 7, from their overturned vehicle after it went over a 30-foot embankment off the highway on June 19.