



## Three-time winner

# 145th 'TAG' #1 in 'Sentry Rodeo'

by Capt. Phil Blahut  
Associate Editor

The "Best of the Best" out of 14 teams is the 145th Tactical Airlift Group (TAG), North Carolina Air National Guard winning the coveted Newman Trophy at "Sentry Rodeo 1990."

The Newman Trophy is awarded to an airlift unit for compiling the most points in aircrew, maintenance, Joint Airdrop Inspection (JAI) and Engine Running On/Offload (ERO) competition.

"Sentry Rodeo" provides a joint-service environment competition for C-130 aircrews, maintenance and their aircraft for evaluating skills necessary for tactical airlift missions. Additionally, it lets the Air National Guard select the best for competing in the Air Force competition named "Airlift Rodeo."

This year's competition was hosted by the 145th TAG in April at Pope Air Force Base, Charlotte, N.C.

### TOUGH COMPETITORS

Winning is a tradition with the 145th. Not only have they won the "Sentry Rodeo" competition three times consecutively, in 1986, they won the worldwide Air Force competition "Airlift Rodeo."

This year they and six other Air Guard airlift units from six airlift wings will go on to compete in "Airlift Rodeo" representing the National Guard.

"Airlift Rodeo" includes teams from the active duty Air Force, Air Force Reserves and foreign Air Forces. The winner at last year's Airlift Rodeo was the team from Australia.

Competing this year were 14 teams consisting of 23 personnel. (1-team chief, 6-aircrew members, 4-Engine Running On/Offload (ERO) members, 10-maintenance members and 2-Joint Airdrop (JAI) members.



**TAXIING** - Pope Air Force Base, North Carolina's runway was busy with C-130 traffic this April as the Air National Guard held its Airlift Competition, "Sentry Rodeo 1990." Fourteen Air Guard units competed for awards and the "Best Overall," Newman Trophy.

### OTHER AWARDS

The Newman Trophy was awarded to the 145th for compiling the most points in all of the following categories: aircrew, maintenance, JAI and ERO.

The 145th also earned the "Best Aircrew" award while the 136th Tactical Airlift Wing (TAW), Texas Air National Guard captured the Best Maintenance Crew award.

The Best JAI (Joint Airdrop Inspection), ERO (Engine Running On/Offload), Aerial Port and BPO (Basic Post-flight Inspection) is the 167th TAG, Martinsburg, W.V.

The Best Pre-Flight Maintenance team is the 136th TAW, Dallas, Texas; the Best Assault Landing team is the 130th TAG, Charleston, W. V.; the Best Personnel Airdrop team is the 153rd TAG, Cheyenne, Wyo.; the Best Heavy Equipment Airdrop is the 139th TAG, St. Joseph, Mo and the Best CDS (Container Delivery System) Airdrop team is the 166th TAG, Wilmington, De.

(1st Lt. Mike Lee, Public Affairs Officer for the 145th Tactical Airlift Group contributed to this story).

## Inside this issue:

### People:

Check out the profile of people in the Guard on pages 4 and 5. You just might be surprised at what you find.

### Places:

Air Guard Prime BEEF teams have travelled to Costa Rica. Check out their work on page 12.

### Things:

It's almost time for the heat waves of summer. Check the story on page 10 to be sure you're prepared for Heat Safety.





# ARMY GUARD TOUR NOTES



## New AGR Chief

On May 1st, Maj. Tom Tucker became Chief, AGR Management Branch replacing Lt. Col. J.J. Johnson. Tucker was previously an action officer in the AGR Management Branch and plans future tips and suggestions on the Title 10 AGR Program which he will publicize through this column in "On Guard."

## Tour Announcement

Tour announcement #11-90, issued on March 15, 1990, sought nomina-

tions for a qualified lieutenant colonel to serve in a new three-year occasion tour as Attorney for Drug Operations with the Office of the Chief Counsel, National Guard Bureau, the Pentagon, Washington, D.C.

Specific requirements are listed in the tour announcement. In addition, all applications must be screened by the appropriate state or territory headquarters and forwarded direct to the AGR Tour Management Branch, NGB-ARP-CT, 4501 Ford Avenue, Alexandria, Va. 22302-1450. The completed and screened applications must be received *no later than July 1, 1990.*

## COMMENT

### TIME FOR SAFETY, PLANNING IS NOW!

June marks the period most often associated with National Guard Annual Training. No, it is not the only time the National Guard conducts Annual Training, and certainly A-T nowadays is actually a "year-round" proposition -- just ask any Guardsman, or his employer or family, or hers.

However, this does mark a period of increased tempo in training, especially stateside where numerous and long convoys or serials making their way to and from A-T sites serve as vivid reminders that the National Guard is indeed "around."

### SAFETY TIME, TOO

With this in mind, the increased training period also becomes a time for increased thoughts for safety, personal safety, the safety of one's fellow soldiers and airmen, and "the other guy," too.

In recent years, one sobering thought has been common to reviews of almost every Class A accident -- that's one where there is a fatality--someone died.

The fatal flaw? They were avoidable.

This means someone died when in all probability their death could have been avoided. Or, a serious injury resulted from someone's oversight or failure to heed their safety reminders.

These stakes are simply too high to be ignored. From commanders through every level of supervision, to every soldier and airman, safety consciousness must be one of the tools which has been packed into their "A-T" bags to ensure that while training may be difficult and risky in and of itself, every effort is taken to minimize the risks and to maximize the safety possibilities without disrupting the necessary training.

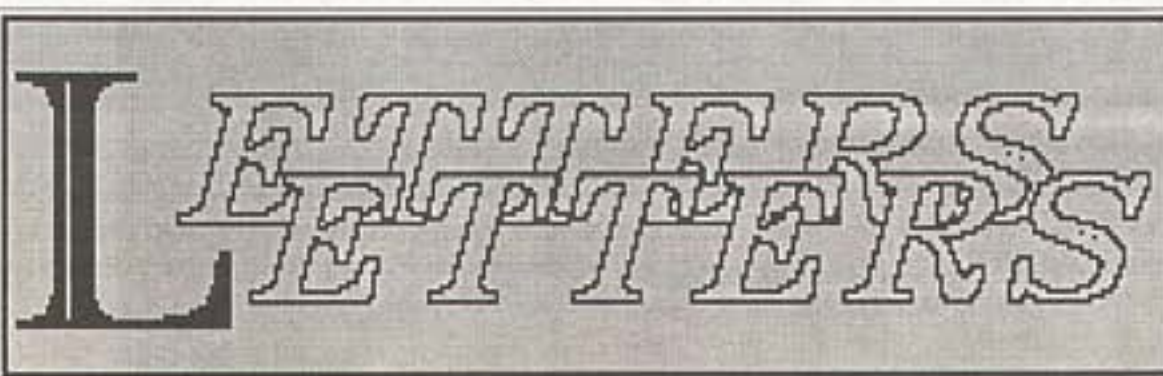
### FINAL NOTE

A final thought. Many of the accidents which resulted in death or serious injury during periods of A-T have listed alcohol as a contributing factor. Soldiers have died as a result of being too intoxicated to safely drive back to their home stations after the end of Annual Training. Still others have died following end of A-T celebrations where they became too intoxicated to even walk along a roadway without wondering into oncoming traffic.

These were more than tragic accidents. They were stupid and didn't have to happen.

They're certainly something to avoid this A-T period.

Editor



Dear Editor:

Your March 1990 issue of the "On Guard" appeared on my desk and immediately caught my interest. I usually scan each issue before sharing it with my commander, but this time, I read it with much renewed interest from cover to cover.

Your article on page 10 entitled "National Guard women - Milestone Makers" was a nice piece for it is always gratifying for a person to know that in one's lifetime, one has made a contribution, albeit a small one. So, with that in mind, I would like to offer just two more small "milestones" for the women in the National Guard. In 1977, I was the first Army National Guard woman selected to attend the resident course of the U.S. Army Sergeants' Major Academy, graduating with the best of the U.S. Armed Forces in July 1978. In October 1985, I was the first woman in the Army National Guard of the United States to be appointed to the rank of Command Sergeant Major.

Presently I am the Command Sergeant Major of the Ethan Allen Firing Range which is the home of the ARNG Mountain Warfare School and the National Guard Biathlon Team.

I am very proud of the women who serve here and throughout the Country, and I am delighted that you, through your publication, "On Guard" have chosen to recognize them and their most valuable contributions.

Ruth C. Dean.

Command Sergeant Major

Dear Command Sergeant Major Dean:

Thanks for your letter and the additional information on the Milestones which you have achieved as a woman in the Army National Guard.

I assure you no oversight was intended. Like many projects of this nature, our information files are limited in terms of verifiable information which we can use with the strong assurances that it is indeed accurate. This has been especially true of women in the National Guard for which little has really been compiled to reflect all of their accomplishments. We'll strive to do better.

Editor.

## Letter Policy

"On Guard" welcomes letters from readers provided they are typed and signed and include a day time phone number where the author may be reached for confirmation.

We reserve the right to edit letters to conform to our editorial policies, propriety and good taste. Where possible we will ask a responsible staff agency for comment in response to letters received.



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Lt. Col. Peter L. Wyro, Editor; Capt. Phil Blahut, Associate Editor



## The National Guard

## UPDATE

January 1990



Army National Guard

## What is the Army National Guard?

The Army National Guard is a unique military organization which traces its origins back more than 353 years to the colonial militia, the original "Minutemen" noted for their contribution to our nation's fight for independence.

What makes the Army National Guard unique today, is the fact that it is a volunteer organization which has emerged as a full partner in the defense of this nation, capable of defending its worldwide interests while retaining its ties to the individual states within which it is organized. The National Guard is available to state and territorial governors as a disciplined and organized force to respond to local and state emergencies.

Such emergencies typically include rapid response and assistance to victims of earthquakes, floods, fires, tsunamis and other natural disasters. More recently, National Guard members from throughout the states have been increasing their support to federal, state and local law enforcement agencies in an effort to interdict and eradicate illegal drugs in the United States and its territories.

## Major part of the Total Army

The Army National Guard today is also an integral and full-fledged partner in the Total Army. In fact, the Army could not respond to any major conflict in the world without the significant and immediate response and support of the Army National Guard, which represents the 116 largest army in the world.

Today's Army National Guard accounts for almost half the Army's combat units and more than one third of its overall strength. Army Guard units account for half the Total Army's

Table A: Army Guard to Army Ratios

Infantry battalions	<div><div></div></div>
Armored battalions	<div><div></div></div>
Field Artillery battalions	<div><div></div></div>
Armored Cavalry regiments	<div><div></div></div>
Engineer battalions (CBT)	<div><div></div></div>

infantry and field artillery battalions, almost half its armor battalions, more than half its armored cavalry regiments, over one third of its combat divisions, and two thirds of its separate brigades. (See Table A).

Units unique to the Army National Guard include its 18 combat arms brigades, the Army's only scout group, three "Apache" attack helicopter battalions, four TOW anti-tank battalions, and one mountain infantry battalion.

Table B: Army Guard Forces

Divisions	10
Combat Arms brigades*	18
Field Artillery brigades	18
Air Defense Artillery bde's	2
Special Forces Groups	2
Medical brigades	3
Anti-tank TOW battalions*	4
Mountain Infantry battalions*	1
Scout Groups*	1
"Apache" Attack Helicopter bns*	3

\*Percentages based on total Army units.

Army National Guard UPDATE

## The National Guard

## UPDATE

January 1990



Air National Guard

## Unique missions and historical ties characterize today's Air Guard

The Air National Guard was established September 18, 1947, as a unique military organization. As a part of the National Guard, its origins are traced back more than 353 years to the colonial militia, the original "Minutemen" noted for their contribution to our nation's fight for independence.

The Air National Guard is a volunteer organization with both a state and a federal mission. This twofold mission allows it to be a full partner in the defense of this nation and its world-wide interests, yet retain its ties to the individual states within which it is organized. This allows the Air Guard to be available to the governors of those states for use in state emergencies, such as tornadoes, hurricanes or other severe storms. Air Guard personnel are also available to support law enforcement officials in interdicting and eradicating illegal drugs in the United States.

## Partner in the Total Air Force

The Air National Guard today, ranks numerically as the world's fifth largest Air Force and is a full partner in the total Air Force. Its federal mission is to provide units of properly equipped and trained personnel for prompt mobilization at the primary source of augmentation for the Air Force in the event of national emergency or war.

During peacetime, Air National Guard units are assigned to 10 major commands of the Air Force. These major commands establish training standards, provide advisory assistance, and evaluate Air National Guard units for unit training, readiness and safety programs. Upon mobilization, Guard units are integrated into the Air Force according to the U.S. Air Force War and Mobilization Plan.

Table A: ANG Unit Summary

116 TOTAL UNITS
24 FLYING WINGS
67 FLYING GROUPS
96 FLYING SQUADRONS
740 SUPPORT UNITS
112 COMMUNICATIONS UNITS
283 MISCELLANEOUS UNITS

## Flying units and their missions

The Air National Guard has over 116,000 commissioned officers and enlisted airmen serving in 91 flying organizations and 282 independent mission support units.

Today, these Air National Guard members and their units provide almost 92 percent of the Air Force's air defense interceptor missions, 55 percent of the reconnaissance missions, 36 percent of the tactical airlift, and about 11 percent of the special operations mission capability. It also provides about 19 percent of the air refueling tanker mission, 24 percent of the rescue and recovery, and approximately 35 percent of the tactical air support and about 6 percent of the strategic airlift.

Tactical reconnaissance units flying the RF-4C Phantom II perform aerial photography for intelligence, target information, and mapping to support ground and air forces.

Personnel, equipment and supplies are transported by tactical and strategic airlift units flying C-130 Hercules, C-141 Starlifter and the C-5 Galaxy. Two aeromedical evacuation units and 22 aerial port squadrons are collocated with these airlift units. An additional aerial port is located at Shepherd Air Force Base, Texas.

Air National Guard UPDATE

## 'UPDATES': informative, insightful

This issue of "On Guard" includes copies of the most recent Army and Air National Guard "Update" fact sheets published by the National Guard Bureau Office of Public Affairs Command Information Team.

These four-page fact sheets provide a ready-to-use, timely capsule of information most often asked about the National Guard. For example, it includes the respective ratios of the Army National Guard to the Total Army for combat arms and combat support

units, as well as the ratio of Air National Guard to Total Air Force missions for a variety of missions the Air Guard performs.

There is also information on the Air National Guard education cycle, for example, or the Army National Guard increases in Overseas Deployment Training or the Key Personnel Upgrade Program (KPUP) participation.

The information is basically current as of the end of the last fiscal year, or, in some cases, the end

of the calendar year 1989. That notwithstanding, they represent a good to know, even better to have publication for informing members of your units and members of a community of the increased reliance which has come to be placed on the Army and the Air National Guard as full-fledged partners in the national defense.

While copies are limited, we certainly encourage the local reproduction of these fact sheets for their further use with other audiences.

## Top flight report, observations

## Virgin Island review team members are honored for their work

Lt. Gen. John B. Conaway, Chief, National Guard Bureau, recently presented awards to members of a team of observers and evaluators who conducted an analysis of the Virgin Islands National Guard in the aftermath of criticisms following response to Hurricane Hugo.

The report assembled by the team became the basis for high level government assessments and lessons learned from the huge hurricane whose devastation made normal National Guard response capabilities inoperable.

The recipients included Brig. Gen. Johnny J. Hobbs, Deputy Commander, District of Columbia Air National Guard, who was awarded the Meritorious Service Medal for his work as the team leader; Lt. Col. Hansford B. Floyd who assembled invaluable information and prepared the team before its departure, and was also awarded the Meritorious Service Medal.

## OTHERS

Others included Lt. Col. Frank Richards, the

team member assigned the touchy and difficult tasks of interviewing citizens of the Virgin Islands in the aftermath of the hurricane and their disenchantment with the emergency services they received, and Maj. Robert W. Dunlap, who was the public affairs officer for the team. Richardson and Dunlap received the Army Commendation Medal for their work.

In addition, Staff Sgt. Rhona E. Southwell, an member of the Virgin Islands Army National Guard who was the administrator for the team, received the Army Achievement Medal.



# Defense Department data provide profile of ARNG, ANG people

by Lt. Col. Pete Wyro

A by-state look at National Guard personnel strengths, based on Defense Department data for the end of FY 89, provides a relative look at how many Guard members there are and where they are.

In the Army National Guard, for example, in terms of numbers of personnel, Texas was first in the nation with 22,077 personnel followed by Alabama with 21,630 and California with 21,415. Guam had the smallest number of Army Guard personnel with 530, while the Virgin Islands, with 910, was the next smallest in strength, and was immediately ahead of Nevada with 1,529 overall Army National Guard personnel, according to the Defense Manpower Data Center report.

Air National Guard strength figures showed New York with the largest strength, 5914, followed by California with 5843, Ohio with 5,569, and Pennsylvania with 4,624. The smallest numbers of Air Guard personnel were in Vermont with 933, preceded by Delaware with 978 and Wyoming with 980.

## PROFILES

From the same Defense Department data files, a profile of officer and enlisted personnel may also be obtained which reflects their total numbers, average age, and average time in service, by rank, and by service.

For example, among Army National Guard officers, second lieutenants had an average age of 28.7, first lieutenants averaged 30.9 years of age and captains averaged 35.1 years of age.

Among Air National Guard company grade officers, second lieutenants averaged 30.6 years of age, first lieutenants averaged 31.2 and captains averaged 34.2.

Among field grade officers, Army Guard majors averaged 40.8 years of age, lieutenant colonels 44.8 and colonels 49.5 compared to their Air Guard counterparts who averaged 40, 44.5 and 48 years of age, respectively.

## ENLISTED PROFILES

Army National Guard noncommissioned officers, beginning with corporals, averaged 28.3 years of age, sergeants, 32.0, staff sergeants, 35.6, sergeants first class, 40.6, master sergeants, 43.2 and sergeants major, 47.3.

Their Air Guard counterparts, beginning with sergeants, averaged 25.6 years of age, followed by staff sergeants, 32.4, technical sergeants, 36.2, master sergeants, 40.4, senior master sergeants, 43.8 and chief master sergeants, 46.8.

## YEARS OF SERVICE

Colonels in the Army National Guard had an average of 28.9 years of service compared to 27.9 in the Air National Guard. In addition, Army Guard master sergeants averaged 23.4 years of service, and sergeants major averaged 28.7 compared to their Air Guard counterparts with senior master sergeants averaging 26.3 and chief master sergeants averaging 31.2 years of service.

## GENERALS

At the top end of the rank spectrum, brigadier generals in the Army National Guard averaged 46 years of age and 33.3 years of service, with the average age for major generals being 57.5 with 36.7 years of service.

On the Air Guard ledger, brigadier generals

averaged 49 years of age and 32.8 years of service while major generals average 51 years of age and 34.5 years of service.

The Defense Department statistics provide an insight into the personnel profile of the National Guard and may not necessarily agree with exact National Guard Bureau figures.

## A by-state look at National Guard strength

STATE	ARMY NATIONAL GUARD		AIR NATIONAL GUARD	
	Officers	Enlisted	Officers	Enlisted
Alabama	2,584	19,036	345	2,853
Alaska	386	2,774	163	932
Arizona	633	4,830	329	2,554
Arkansas	1,045	8,930	254	1,952
California	2,388	19,027	700	5,143
Colorado	542	3,369	238	1,343
Connecticut	639	4,475	143	1,128
Delaware	430	1,810	161	817
District of Columbia	371	2,171	23	19*
Florida	1,426	10,672	130	1,399
Georgia	1,197	10,492	358	3,129
Guam	84	446	n/a	n/a
Hawaii	444	3,186	210	1,953
Idaho	455	3,064	168	1,124
Illinois	1,112	10,725	410	3,125
Indiana	1,289	13,507	300	2,266
Iowa	852	7,207	235	1,870
Kansas	822	6,576	281	2,213
Kentucky	882	6,970	148	1,018
Louisiana	1,040	11,282	139	1,514
Maine	400	2,666	162	1,316
Maryland	1,103	6,364	539	2,982
Massachusetts	1,173	9,471	300	2,451
Michigan	1,193	11,599	371	2,610
Minnesota	1,098	9,521	323	2,171
Mississippi	1,395	11,520	352	2,586
Missouri	1,184	8,837	409	2,450
Montana	389	2,861	106	959
Nebraska	486	4,292	155	969
Nevada	261	1,268	146	951
New Hampshire	293	2,105	137	846
New Jersey	1,390	9,571	359	2,435
New Mexico	473	3,929	120	939
New York	2,278	16,990	725	5,189
North Carolina	1,238	11,002	219	1,295
North Dakota	413	3,764	133	1,049
Ohio	1,515	12,395	623	4,946
Oklahoma	1,066	7,924	282	2,070
Oregon	784	6,930	225	1,706
Pennsylvania	1,814	15,827	559	4,065
Puerto Rico	778	8,882	n/a	n/a
Rhode Island	418	4,298	189	1,276
South Carolina	1,244	12,821	138	1,296
South Dakota	436	3,946	111	853
Tennessee	1,620	13,129	546	3,358
Texas	2,095	19,982	453	3,490
Utah	880	5,485	179	1,416
Vermont	409	2,780	108	825
Virginia	1,025	8,493	204	1,147
Virgin Islands	94	816	n/a	n/a
Washington	771	6,042	249	2,173
West Virginia	423	3,157	327	1,816
Wisconsin	1,101	8,014	274	1,830
Wyoming	251	1,582	156	824

\* See also Maryland. (Source, Defense Manpower Data Center. All data as of end of FY89.)





## Army Guard Officer Profile

Rank	Total Number	Average Age (years)	Average Time in Service (years)
2nd Lieutenant	11,298	28.7	4.2
1st Lieutenant	7,519	30.9	7.5
Captain	10,689	35.1	13.2
Major	6,631	40.8	18.6
Lieutenant Colonel	3,208	44.8	23.7
Colonel	1,368	49.5	28.9
Brigadier General	133	46.0	33.3
Major General	45	57.5	36.7



## Army Guard Enlisted Profile

Rank	Total Number	Average Age (years)	Average Time in Service (years)
Private 1	30,678	18.0	.2
Private 2	19,902	22.8	1.9
Private First Class	46,924	23.2	2.4
Corporal	124,848	28.3	5.5
Sergeant	102,315	32.0	10.4
Staff Sergeant	58,881	35.6	15.6
Sgt. 1st Class	23,587	40.6	19.8
Master Sergeant	7,124	43.2	23.4
Command Sgt. Major	1,828	47.3	28.7

# Army, Air Guard Officer, Enlisted Profiles



## Air Guard Officer Profile

Rank	Total Number	Average Age (years)	Average Time in Service (years)
2nd Lieutenant	1,254	30.6	5.9
1st Lieutenant	1,404	31.2	8.2
Captain	3,571	34.2	11.6
Major	4,292	40.0	17.9
Lieutenant Colonel	2,848	44.5	23.3
Colonel	589	48.0	27.9
Brigadier General	90	49.0	32.8
Major General	32	51.0	34.5



## Air Guard Enlisted Profile

Rank	Total Number	Average Age (years)	Average Time in Service (years)
Airman Basic	2,239	20.9	.1
Airman	2,278	20.5	1.2
Airman 1st Class	5,724	24.5	1.9
Sergeant	21,361	25.6	4.9
Staff Sergeant	28,572	32.4	10.3
Technical Sgt.	23,865	36.2	16.0
Master Sergeant	13,252	40.4	21.7
Senior Master Sgt.	3,404	43.8	26.3
Chief Master Sgt.	1,285	46.8	31.2



## 13 McClellan soldiers honored for helping Kentucky Guard family

Thirteen Army personnel assigned to Fort McClellan, Ala. were recently presented honorary "Kentucky Colonel" titles for their selfless and significant help to Kentucky Army National Guard Pvt. Maxwell L. Taylor in the wake of a series of personal tragedies which befell him on the date of his graduation from Military Police School.

On the day he was scheduled to graduate with other soldiers from the 787th Military Police battalion, Taylor learned just hours before the actual ceremonies that his mother, Lorraine, had been rushed to a hospital in nearby Anniston, Ala. after becoming ill. She and several other members of Taylor's family had travelled from their home in Louisville, Ky. to Fort McClellan to attend his graduation following four months of training.

### OUTPOURING OF SUPPORT

Taylor decided to attend the graduation ceremony and then rush to the hospital to be with his mother, but he never got the chance. During the ceremony he was notified that she had died from an apparent heart attack.

Taylor's devastation and that of the family members with him prompted an outpouring of personal support from members of the battalion who not only arranged to pay for lodging for the members of his family while final arrangements

were made for his mother's remains, but also contributed more than \$1,000 to the costs of transporting her remains to Indianapolis, Ind. for burial.

The selfless actions on the part of the members of the Fort McClellan resulted recently in them being conferred with the honorary Kentucky Colonel titles by Kentucky Army Guard Col. Thomas M. Quisenberry representing Maj. Gen. Michael W. Davidson, Kentucky Adjutant General.

The recipients of the "Kentucky Colonel" titles included: Lt. Col. Michael P. Sudnik, Commander, 787th Military Police battalion, Chaplain (Capt.) Larry E. Sweat, the battalion chaplain, Capt. Keith A. Dixon, Commander, Company A, Capt. John W. Gehrlein, Commander, Company B, Capt. Ronald L. Martin, Commander, Company C, the unit to which Pvt. Taylor was assigned at the time, and Capt. Joseph D. Richard, Commander, Company E.

Others included Command Sgt. Maj. Larry E. Gulick, Command Sergeant Major for the battalion, Sgt. Maj. James D. Camp, Army National Guard Training Liaison NCO, 1st Sgt. Dan L. Cody, Company C First Sergeant, Sgt. 1st Class Ronald R. Lockamy, Operations NCO for Company C, Staff Sgt. Carolyn L. Stypinski, Drill Sergeant, Company C, Staff Sgt. Jay W. Silvers, Battalion Operations NCO, and Mr. John P. Robinson, Director, Army Community Services at the post.



Chief Master Sgt. Palmeri

## Palmeri is new NY ANG Sr. Enlisted Advisor

Chief Master Sergeant Bernard Palmeri, who, began his military career 43 years ago in the Army before changing to a "blue suit" some four years later, has been named the senior enlisted advisor for the New York Air National Guard.

Palmeri joined the New York Air Guard at Floyd Bennett Field in Brooklyn in 1950 after his discharge from the Army. Since then his assignments have included service as a flight simulator on the C-97, KC-97 and F-102 aircraft and a flight engineer on the C-130S.

Palmeri has also been first sergeant for the 102nd Air Rescue Squadron, and was Senior Enlisted Advisor, 106th Air Rescue Group prior to being named the top enlisted representative for the New York Air National Guard by Maj. Gen. Charles S. Cooper, New York Air Guard Commander.

## No Air Force policy available, yet

# ARNG soldiers eligible for 'Just Cause' awards

Soldiers who participated in Operation Just Cause, including Army National Guard personnel, are eligible to receive the Armed Forces Expeditionary Medal (AFEM), according to an Army News Service release, recently.

According to the release, Secretary of the Army Michael P.W. Stone approved the issuance of campaign streamers to units involved in the operation after the Chairman, Joint Chiefs of Staff, Gen. Colin Powell, approved issuing the AFEM to service member participating in the operation.

### ELIGIBILITY DEFINITIONS

The Army defined soldiers who may receive the medal as those who were in the area of operations, which has been defined as the total land area of Panama, its internal waters, territorial seas and the airspace above and below between Dec. 20, 1989 and Jan. 31, 1990.

Also included were service members not located in the areas mentioned previously, but who were outside the Continental United States in support of the operation, such as aircrews involved in refueling.

The Army News Service also reported that soldiers involved in the December invasion would be permitted to wear their unit patch on their right shoulder.

According to the release, personnel assigned to units not specifically listed in the message would wear the U.S. Army South patch on their right shoulder as their "combat" patch. Army National Guard personnel participating in Just Cause would fall into this category, according to Maj. Robert W. Dunlap, National Guard Bureau spokesman.

No specific guidance has been issued for members of the Air National Guard who participated in Just Cause.

## Colorado gets POW/MIA flags

The Colorado National Guard recently received 30 POW/MIA flags from the United Veterans Committee of Colorado for its commitment to remember the POW/MIAs in ceremonies in Denver.

The flags are to be flown at each armory in recognition of the continuing concern over accountability and the return of American POWs and MIAs from the Vietnam war.

One Colorado National Guardsman is counted among the missing. Capt. Perry Jefferson had been activated with his unit of the Colorado National Guard and failed to return from an intelligence gathering mission on April 3, 1969, just three weeks before he was due to return to the United States.

Jefferson is one of 41 men from Colorado listed among the more than 2,300 U.S. servicemen still not accounted for after the end of the U.S. involvement in the war in 1973.



# Battle Creek Guardsmen build pre-school facility in Panama

by Maj. David Lubbers

Air National Guard members from the 100th Civil Engineering Squadron, Battle Creek, Mich., were recently lauded for their work in building an educational facility for pre-school children at Albrook Air Force Station near Panama City.

In a letter for Col. Ron Seely, the unit commander, Paul Bell, on behalf of the U.S. Agency for International Development Regional Advisor for Latin America, Office of Foreign Disaster Assistance, praised the unit for its work in late January which resulted in the new facility for children for the displaced persons center at Albrook.

Bell lauded the unit for "the wonderful contribution which they have made in constructing the center for the children" while also noting "We were surprised and pleased that they volunteered to make this contribution to the Center, and we were overwhelmed when the members of the group contributed from their own pockets for the purchase of the television set and VCR for the children."

The Coordinator of Humanitarianism Help for the Albrook Camp, Teresite Y. de Arias provided more insight into the unit contribution writing the commander, "After 21 years of dictatorship and oppression, the 3,000 neighbors of El Chorillo, one of the poorest slums in the city, are living in a Camp for Displaced Persons. Among them are 150 pre-schoolers that have only known poverty and despair. The beautiful nursery that your men gave them was a work of love that always will be remembered and appreciated."



**CONSTRUCTION HELP** - Battle Creek, Mich. Air Guard Staff Sgt. Anne Harris and Sgt. David C. Jerome install redwood around a sink in the barracks at Albrook Air force Station during a recent deployment. (Photo by Maj. David W. Lubbers)

## Arkansas Guardsman saves same man's life -- twice in a year

by Buddy Garrett

Arkansas Army National Guard Sgt. James Scucchi recently used his emergency medical technician training to save one man's life not just once, but twice!

A member of Headquarters Company, 3rd Battalion, 153rd Infantry, Scucchi was on an ambulance run to Little Rock, Ark. when the patient, Spike Hayes, stopped breathing and his stopped.

Scucchi immediately began cardio-pulmonary resuscitation (CPR) and revived Hayes. That was life saving effort number one for Hayes.

The second episode occurred several months later when Hayes's wife discovered him suffering a massive heart attack outside the sandwich shop Scucchi also runs in Dermott, Ark.

When Hayes wife returned to the shop looking for help, Scucchi rushed to Hayes again beginning CPR, working for almost eight minutes before Hayes pulse returned and he started breathing again. Before an ambulance could arrive, however, Hayes heart and breathing stopped again, so Scucchi started CPR once more and continued it until Hayes was loaded into the ambulance and headed for the hospital.



**TEACHING TOOL** - Air National Guard Technical Sgt. Elmer Curl paints a special mural on the wall of a pre-school education facility he and other members of the 110th Civil Engineering Squadron from Battle Creek, Mich. constructed during a recent deployment to Panama City. (Photo by Maj. David W. Lubbers)

### Lt. Gen. Conaway photos to PAOs

The National Guard Bureau Office of Public Affairs has obtained a limited number of lithographic copies of color photographs of Lt. Gen. John B. Conaway, Chief, National Guard Bureau, and is making them available to State Public Affairs Officers in quantities which they have requested.

The Command Information Team is maintaining the copies of the lithographs, and will make distribution to the State Public Affairs Officers for those states which have indicated a

desire to obtain them.

Because of limited staffing, the CI Team will not honor requests from units for copies of the photos, but will, instead be referred to their appropriate State PAO.

Independent agencies and separate commands, senior Army and Air Guard advisors may obtain the lithographs by calling autovon 289-1923 or commercial (703)756-1923.

Quantities are limited and requests will be filled on a first-come-first-serve basis.



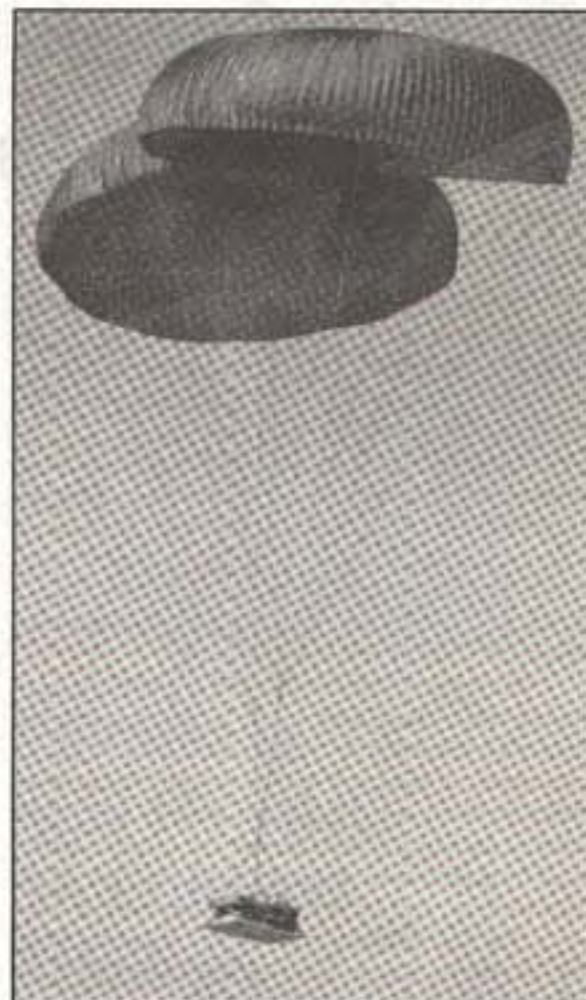
# 'Sentry Rodeo'

*a pictorial  
round-up*

Photo's by

Technical Sgt. Craig Leaper  
National Guard Bureau  
Andrews AFB, M.D.

Master Sgt. Bill Hurt  
145th Tactical Airlift Wing  
Charlotte, N.C.



**AIRDROP** - Heavy equipment such as this Army HUMM-V was dropped from 750 feet during Sentry Rodeo tactical airlift competition.



**RECOVERY** - A drop zone recovery crew along with umpires evaluate a CDS (Container Delivery System) airdrop. Each CDS weighs approximately 1000 pounds and is dropped from 400 feet.. All airdrops are judged by proximity to target from the impact point.

**VIGIL** - Parked and ready for another day of grueling Sentry Rodeo competition is a North Carolina Air National Guard C-130B. This event was hosted by the 145th Tactical Airlift Group at Pope Air Force Base, N. C. in April.





# Army National Guard 'MacArthur award winners named for 1990

The 1990 winners of the General Douglas MacArthur awards as the Army National Guard compay grade officers who best typify the ideals of "Duty, Honor, Country" associated with the former commander of U.S. forces in the Pacific during World War II have been announced.

The actual awards will be presented in ceremonies in Norfolk, Va. the second week in June. The awards are sponsored by the Douglas MacArthur Foundation in cooperation with the Department of Army. Army Chief of Staff General Carl E. Vuono is scheduled to be one presenter for the ceremonies.

The winners of the 1990 General Douglas MacArthur awards from the Army National Guard included Capt. Michael P. Michie, Virginia, representing the 1st Army area; Capt. David L. Jennette, Jr., North Carolina, representing the 2nd Army area; Capt. Nickie G. Hallock, Michigan, representing the 4th Army area; Capt. Larry D. Kay, Missouri, representing the 5th Army area, and Capt. Lawrence M. McKinley, Oregon, representing 6th Army.

## INDIVIDUAL ACCOMPLISHMENTS

Capt. Michie, representing 1st Army, was nominated based on his unit's performance in amassing superior ratings in all areas during calendar year 1989, including achieving 97 percent drill attendance, 99 percent Annual Training attendance, a 100 percent passing rate for the Army Physical Fitness test, 100 percent in Military Occupational Specialty (MOS) qualifications, 99 percent individual weapons qualification, 100 percent crew service weapons qualification, winning the 1st Army Training Excellence award for the third time, and for winning the battalion smallbore rifle competition.



Capt. Jennette had a unit strength of 105 percent for 1989, a 90 percent retention rate, was chosen to be the aide-de-camp to the North Carolina governor based on his military performance and bearing, and represented his state in ceremonial events for the anniversary of the D-Day invasion in Normandy. He was also noted for his community involvement.

## OTHER WINNERS

Capt. Hallock from Michigan, had a unit strength of 118 percent, a retention rate of 81 percent, and

of 118 percent, a retention rate of 81 percent, and achieved an "extraordinarily combat ready" evaluation from his unit's Annual Training. His professionalism and performance resulted in his selection as the battalion liaison officer for the 38th Infantry Division "Warfighter." He also served additional Annual Training periods during the summer as a volunteer instructor for the state OCS program where he earned an Instructor Excellence award.

Missouri's Capt. Kay lead the 868th Medical Detachment (Air Ambulance) to the 1989 Eisenhower Trophy, maintained a unit strength of 100 percent and responded thoroughly and effectively to a real-life emergency when a major storm overtook elements of his unit during Annual Training resulting in aircrews successfully evacuating and treating 80 people injured by the storm. He has also been the Missouri National Guard Task Force commander and liaison officer to the State Police for support to drug interdiction and eradication efforts, including writing the Standard Operating Procedures for rendering assistance to law enforcement in this effort.

## FINAL WINNER

In Oregon, Capt. McKinley lead the 1249th Engineer Company (Combat) to the 1989 McCloskey Award for excellence in construction, the Logistics excellence award, battalion and brigade safety awards, had the battalion and the brigade NCO of the Year, and had his unit awarded the Superior Unit award. His unit was also nominated for the Itscher award for the top engineer company in the Army National Guard.

The Douglas MacArthur awards are presented annually to the top Army lieutenants and captains who demonstrate exceptional leadership, dedication and professionalism. An Army National Guard nominee is made from each U.S. Army region.



**FAMILY MATTER** - Being associated with the National Guard is a family matter, as demonstrated by the Rossi family from Delaware, above. Pvt. Kenneth A. Rossi became the fourth member of his family to join the Delaware National Guard. His brother, Ralph, III, joined at age 17 while he was still in high school; older brother, Patrick, joined at 19 and is a fulltime personnel administration specialist, while their father, Ralph, Jr., a fulltime recruiting operations NCO, has more than 25 years with the National Guard. The mother of the Rossi boys, is a supporter, but not a member of the Guard. (Photo by Monica Rossi).

## Minn.'s Wolf is 4th Army Soldier of Year

Minnesota Army National Guard Spc. Terry J. Wolf was recently selected as the Fourth Army Soldier of the Year. He is a member of Battery B, 1st Battalion, 125th Field Artillery in Jackson, Minn.

Wolf was selected from competition which included active Army, Army Reserve as well as Army National Guard personnel. He was chosen as Soldier of the Year at battalion, troop command and state levels before being selected in the Fourth Army competition.

Prior to joining the Army National Guard in September 1989, he served two years in the active Army with his final duty station at Fort Lewis, Wash. He is a graduate of the Primary Leadership Development Course (PLDC) and competed in the National Guard-wide Soldier of the Year competition in April.



# Think safety when in the heat

The time of year to consider heat environment safety is here. It is difficult to determine just how many guardsmen must work in the heat, but hot, humid conditions will be common.

Being uncomfortable is not the only problem with working in high temperatures and high humidity. Soldiers and airmen who are too suddenly exposed to working in a hot environment face additional and largely avoidable hazards to their safety and health.

## BODY HEAT

The human body, like a furnace, burns fuel and manufactures heat; to keep internal temperatures within safe limits, the body must also get rid of its excess heat into the environment. By sweating and increased skin blood flow, the skin handles much of the body's heat dissipating chores.

But as environmental temperatures approach normal skin temperature, the job of cooling the body becomes more difficult. The difficulty worsens when the humidity is high. Sweating does nothing to cool the body unless the moisture is removed from the skin by evaporation and high humidity retards evaporation.

## EFFECTS

The workers' ability to do the job is affected by working in hot environments. With a greater amount of blood going to the external surface of the body, relatively less goes to the active muscles. Strength declines, and the onset of fatigue comes sooner than it would otherwise.

Psychological effects also may appear. Workers who must perform delicate or detailed work may find their accuracy suffering, and those who must assimilate information may find their comprehension and retention lowered.

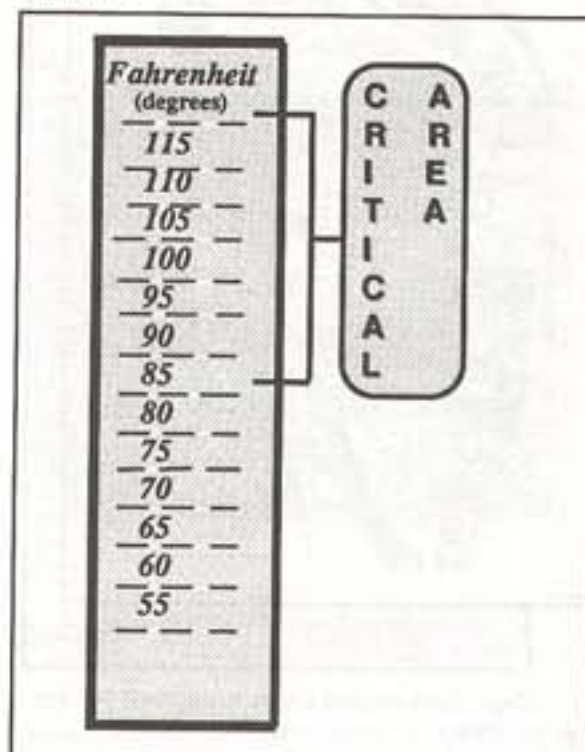
## SAFETY PROBLEMS

Certain safety problems are common to hot environments. Heat tends to promote accidents due to the slipperiness of sweaty palms, dizziness, or the fogging of safety glasses. And wherever hot surfaces, molten metal, steam, etc., exist, the possibility of burns from accidental contact also exists.

But aside from these obvious dangers, the frequency

of accidents, in general, appears to be higher in hot environments. One reason is that physical performance and mental alertness are lowered in the heat.

Increased body temperature and physical discomfort help promote irritability, anger, and other emotional states which sometimes cause workers to commit rash or careless acts or to divert attention from hazardous tasks.



## HEALTH PROBLEMS

Excessive working exposure to a hot environment can bring about a variety of physical disorders among workers. Here are a few to be aware of:

**Heat stroke** - is the most serious, thermo-regulatory system breaks down under stress, and sweating stops.

**Heat exhaustion** - includes several similar clinical disorders. This condition is caused by the loss of fluid in sweating, sometimes by the loss of salt, and often by both.

**Heat cramps** - are painful spasms of the working muscles of those who sweat profusely in heat, who drink large quantities of water, but fail to replace their bodies' salt loss.

**Fainting** - usually caused by a worker who is not used to hot environments and who stands erect and immobile in the heat may simply black out.

**Heat rash** - also known as prickly heat, is likely to occur in hot and humid environments where sweat is not easily removed from the surface of the skin by evaporation. The sweat ducts are plugged, the sweat glands inflamed, and a rash soon appears.

**Transient heat fatigue** - refers to the state of discomfort and psychological strain arising from prolonged heat exposure.

## PREPARATION

Allow for a gradual adjustment to heat. Under normal circumstances, it will take about a week, during which time the body will undergo a series of changes that make further heat exposures more endurable.

When possible, try to distribute the workload evenly over the course of the day by breaking up long periods of work into shorter work-rest cycles. Rest simply gives the body an opportunity to get rid of excess heat, slows down the production of internal body heat, and provides greater blood flow to the skin.

## OTHER PRECAUTIONS

Several other precautions can be taken. Adjust the workplace thermal conditions. If inside, open windows, provide fans or ventilation. Check out the insulation in the building for energy efficiency and maximum cooling.

Provide a rest area with cool surroundings whether it be inside or outside. The main thing is to have this area located close to the workplace.

Provide plenty of drinking water to replenish lost body fluid. Unacclimated workers can sweat up to a quart of water per hour.

Workers may need to replace their fluids with a 0.1 percent salt solution available as drinking water. A level tablespoon of table salt dissolved in 15 quarts of water will make such a solution.

Careful consideration should be given to consumption of alcoholic beverages during prolonged periods of heat since alcohol can cause additional dehydration.

It would be also beneficial to weigh yourself before and after the workday to determine weight loss which may occur from progressive dehydration.

## Annual Training, Mobility Training- You're prepared; is your family?

Annual Training may be a difficult period for families because of separation, but it doesn't have to be a traumatic one.

What are some things you can do?

### COMMUNICATE

Talk to your family members about what you'll be doing and where you'll be during annual training or active duty.

### CHECK FINANCES

Be sure that all bills are paid and that there are sufficient funds for unexpected emergencies.

### TRANSPORTATION

Have the car serviced to prevent any problems from occurring while you're gone.

### SUPPORT SYSTEMS

Having someone else nearer at home to turn to will help families to cope with problems while you are away.

### WILLS/POWERS OF ATTORNEY

Be sure wills are current and give another responsible person power of attorney for emergencies.

### VALUABLE INFORMATION

Write down and put by the phone for your family the following:

- your full name as found in your military record.
- your social security number.
- your unit's complete name and address.
- the telephone of the local Red Cross chapter.
- an address to where your family can send you letters or care packages while you're away.

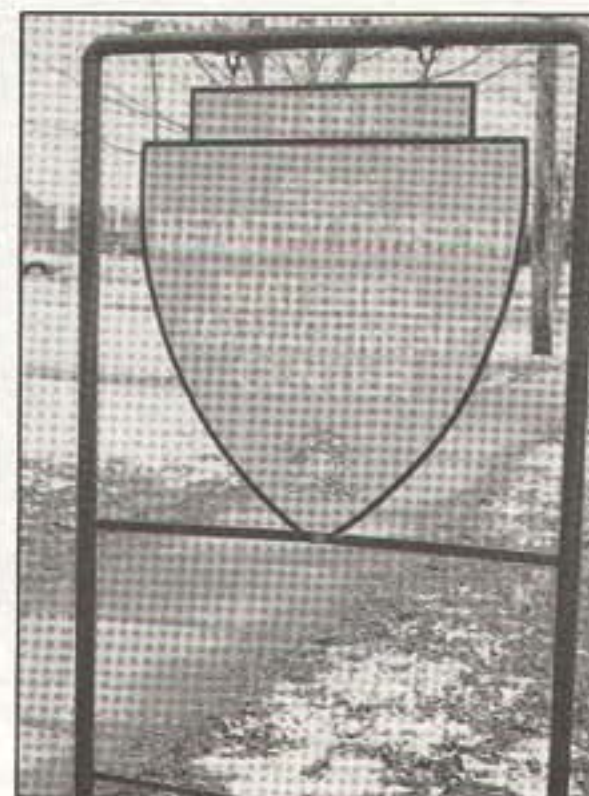
### KEEP IN TOUCH

Once you begin training, there is usually a chance to give your family a call to reassure them you're OK!





**COMPUTERIZED** - The New York Army National Guard 42nd (Rainbow) Division has a unique mission of control and managing supplies. Seen here is Chief Warrant Officer Renaldo Sardanopoli (left) and Sgt. Michael Barnum (right) at work with the DASS-3 computer. (Division Automated Support System-3). (Photo by Capt. Paul Fanning).



**WELCOME** - The 42nd Division Material Management Center, New York Army National Guard, Troy, N.Y., employs 146 specialized supply management personnel. (Photo by Capt. Paul Fanning, NYARNG).

## One-stop shopping... the 42d Division way

by Capt. Paul Fanning  
New York Army National Guard

Hey soldier, ever wanted to know how you got your ammo for training? How about that MRE (Meal-Ready-to-Eat) that you had for lunch? And fuel for the tanks? Parts for the helicopter? Batteries for flashlights?

Getting all these things, in all of their varieties of shapes and sizes, and getting them out to the soldiers who need them, is one big job.

"We manage all commodities and classes of supply except medical for the entire 42d Infantry Division,"

said Maj. George Kantor, Assistant Division Material Management Officer.

### ACCOUNTABILITY

"There are approximately 125 company commanders in the 42d Infantry Division. Each is a hand receipt holder of items drawn for their missions. They forecast their needs and submit requisitions to their Battalion Logistics Officers, S-4s, thru Brigade S-4s and then to the DMMC," said Kantor.

The 42d Division Material Management Center (DMMC) is unique within the New York Army Na-

tional Guard. This company sized element comprised of 146 specialized personnel serves as a vital organ to the Rainbow Division; pumping out to the units in the field the resources needed to meet mission. The DMMC receives requisitions from the field and directs them to the right agencies and depots who will fill the orders.

### PURPOSE

The DMMC came into being Army wide in the late 70's as a move to lessen the burdens on unit level logisticians. The DMMC was formed from components from other Division Support units such as maintenance, supply and transport battalions. The purpose was to provide direct support to the field reversing the existing system of forcing the field to come to the support.

"Now units come to us for one-stop-shopping for all their needs. We're the department store to the troops," said Kantor.

"We have the largest mobile auto parts store in the State right here," said Chief Warrant Officer Henry Cartmell, Repair Parts Facility Supervisor.

"We maintain stock levels for more than 2,000 separate classifications in our mobile vans and in our storage areas ranging from spark plugs to M60A3 tank engines. Units either send their requisitions or come to us to get their parts in person. We replenish our supplies by coordinating with the State Maintenance Office in Latham, N.Y., who serves as our peace-time higher source of supply.



### SHUTTLE FLIGHT RESCUERS

(Left to right) Lt. Col. Stratemier, former Commander, 102nd Air Rescue Squadron (ARS) Maj. Gen. Charles S. Copper, Commander, New York Air National Guard, and Lt. Col., Commander, 102nd ARS, display the Air Force Outstanding Unit Citation presented to the unit recently for its work for space shuttle launches and its support of the space program. The 102nd was chosen recently as the lead rescue agency for all shuttle missions over its reserve and active duty counterparts.

### COMPUTERIZED

Weekly, data is fed into a main computer, where each brigade's information is combined to form a division wide roll-out report. This shows what the division owns.

TACCS (Tactical Army Combat Computer System) print-outs are used to direct unit conducted inventories for sensitive items.

Each quarter a new hand receipt is printed, reviewed and signed by each company grade hand receipt holding officer. Thus, tighter accountability.



# Where's the BEEF?

by Capt. Phil Blahut  
National Guard Bureau

Where's the BEEF? The Air National Guard BEEF, that is.

The BEEF (Base Emergency Engineering Force) has been in Costa Rica and many other countries, building not only structures, but stronger relations with host countries.

This year, three Air National Guard Prime BEEF units, the 123rd, 141st and 140th Civil Engineering Squadrons, respectively, from Kentucky, Washington and Colorado will build four school houses and renovate a large community center, in and about Florencia, Costa Rica. Each team will consist of approximately 40 personnel who have background skills in electrical, plumbing, carpentry, masonry, engineering and equipment operations for construction.

These three teams and other BEEF units deploy annually to other locations, some in the U.S., others overseas, such as Costa Rica, to gain valuable readiness and mobilization training. This type of overseas training allows Guard engineers to experience new environments, some more austere than others, to allow for realistic training. Adaptability is the key to their success.

## COORDINATION

"It takes months of coordination, funding, and patience in preparing sites for construction, and a base camp to live in," said Master Sgt. Bill Nixon, liaison Non-commissioned officer in charge from the National Guard Bureau, but assigned to the 189th Civil Engineering Squadron, Little Rock, Ar.

Joining Nixon as coordinating staff are Technical Sgt. Ricardo Leacock, 123rd CES Material Control NCO, Chief Master Sgt. William Byrum, 123rd CES forward liaison coordinator, and Staff Sgt. Lawrence B. Froman, a 123rd CES carpenter. Leacock assisted Nixon and Byrum with his bilingual skills in procuring beef supplies and coordinating with the Costa Rican government officials, while Froman created supply lists and began the initial construction of base camp.



## FIRST THINGS, FIRST

Two prime BEEF carpenters put the finishing touches to a portable latrine as their unit finishes construction of Base Camp Derby, their new home for two weeks. (Photo by Capt Phil Blahut).

*The Prime  
BEEF  
emblem*



## JOINT OPERATION

The Air Guard engineering teams were not alone. The Army 46th Engineering Battalion (Combat Heavy), Fort Rucker, AL, provided the support and base camp. They also worked the supply channels, both locally and through SOUTHCOM (U.S. Southern Command), located in Panama.

The Prime BEEF teams are making a very positive mark in the minds of the Costa Ricans. The townspeople have seen how fast the engineers operate.

When the first team, the Kentucky Air Guard, arrived at base camp, located two and one-half hour's drive north-west of San Jose, near the village of Florencia, they learned that they had to build a shower, restroom facilities, in addition to their site preparations for the schools. They constructed an 18 stall shower, electrically wired their living quarters and built latrines. While this was going on, the BEEF prepared the building sites, all in two days.

## FIRST TIME

"You just don't know what it is going to take to get a project done. You can plan and prepare, but there are always problems you must deal with," said Chief Master Sgt. William Byrum. "We only have two weeks to complete our projects. Everyone must work as a team or else we get behind," he said.

For some it was their first overseas deployment. This was true for Second Lt. John Cassel, the 123rd's site deployment engineer.

"I'm learning a great deal from my people in how they lay out each project," said Cassel. "I'm a civil engineer in my civilian job, which is similar to my new role here with the 123rd. I can contribute some, but, I'm mainly here to learn and gain experience."

Members of these three BEEF units hope they leave more here than they found. The Costa Ricans now know that there is a different BEEF.



HEAVE HO - Pushing and pulling, members of the 123rd Civil Engineers' Prime BEEF team, Kentucky Air National Guard, place a large tent over a newly constructed 18-stall shower facility at Base Camp Derby, Florencia, Costa Rica. (Photo by Capt. Phil Blahut).



# A 23.5 mile walk from the heart

by Capt. Fred Bauer  
New York Air National Guard

Whoever said "You are not getting older, you are getting better," must have had Senior Master Sgt. Joe "Pops" Ricker in mind.

Ricker, a member of the 106th Air Rescue Group, New York Air National Guard, may have set a fund raising record by one person among Guardsmen during a Valentine Day speed walk.

It was brought to Ricker's attention that the Slezecki family from his Guard unit needed financial help desperately. Their son Justin was born with a hole in his heart with two defective heart valves.

As a result, the family had financed several heart operations and two more were needed soon. They needed financial help.

## VOLUNTEERED

Rickers volunteered to participate in a speed walk marathon in hopes to raise money through pledges for the family.

Additionally, WLNG AM-FM radio, Sag Harbor, N.Y., news director worked with "Pops" to organized an on-air pledge campaign which raised nearly \$10,000 before Ricker began his walk.



**WALK-A-THONER** - A plaque is given to Senior Master Sgt. Joe "Pops" Ricker (center) by Technical Sgt. Margaret Slezecki and her husband, Craig, for walking 23.5 miles and raising in excess of \$20,000 for their son's costly heart operations. Sgt's Ricker and Slezecki are members of the 106th Air Rescue Group, New York Air National Guard.

## UNIT SUPPORT

The support that the 106th Guard members provided for Ricker during his marathon was overwhelming and proved to be an inspiration for everyone.

"It's tedious being out there alone, with some pretty barren stretches of roadway, but things brighten up along the route as motorists and pedestrians came up and handed me cash and checks," said Rickers.

"The pain from aching thighs and shoulders was eased somewhat when I saw the ocean off Montauk and realized my goal was in sight," he said. Montauk, N.Y. was 23.5 miles from the where he started.

At the finish line, "Pops" was greeted

with a kiss from his two year old granddaughter and a welcoming committee from Montauk.

## CHARITABLE SUCCESS

"This is the biggest fund raiser by one person in radio that I've seen in my 30 years of broadcasting," said WLNG station manager, Paul Sidney.

With checks still coming in, Sidney predicted that the total would exceed \$20,000.

The Southampton Kiwanas Club, hearing about WLNG and Ricker's efforts for Justin, donated the entire proceeds of Guest a Chefs night's dinner to the Slezecki's.

Ricker has done the same 25.3 mile Sag Harbor to Montauk walk four times in the last ten years for various charities. When asked by a reporter in Montauk if he'd do it again, he replied, "Sure but give me two years to rest and then, on my 60th birthday I'll celebrate by doing one more!"



## LIGHTS OUT -

Actor Joey Chavez prepares for a scene during the filming of "Lights Out", a 30-second public service announcement, sponsored by the Georgia Army National Guard. Concerned with the growing problems of drug abuse by Georgia's youth, the Georgia Army National Guard is delivering the message "doing drugs can knock your lights out....permanently." (Photo by Sgt. 1st Class Ben Livesay, Georgia Army National Guard.)

## Worth Repeating

"Long service and good service are the same thing."

—Frederick II of Prussia,  
(Frederick the Great)

"Defense is superior to opulence."

—Adam Smith,  
Scottish philosopher

"If you do not ask their help, all men are good-natured."

—Chinese proverb

"There is only one thing in the world worse than being talked about, and that is not being talked about."

—Oscar Wilde,  
English writer



# ANG's 'best' announced

## PERSONNEL AWARDS

The Air National Guard (ANG) announced the recipients of the 1989 Outstanding Air National Guard Supply and Fuels Personnel awards.

The Outstanding ANG Supply Junior Manager is 2nd Lt. Wayne M. Shanks of the 114th Resource Management Squadron, South Dakota ANG.

The Outstanding ANG Supply Superintendent is Chief Master Sgt. Shelly R. Hudson of the 117th Tactical Reconnaissance Wing, Alabama ANG.

The Outstanding ANG Supply Senior Technician is Technical Sgt. Sandra L. Carlson of the 114th Resource Management Squadron, South Dakota ANG.

The Outstanding ANG Supply Junior Technician is Amn 1st Class Charles G. Sanders, Jr., of the 186th Resource Management Squadron, Mississippi ANG.

The Outstanding ANG Civilian Supply supervisor is Mr. James M. Morgan of the 140th Tactical Fighter Wing, Colorado ANG.

The Outstanding ANG Fuels Staff Officer is Capt. Michael A. Giroux, National Guard Bureau.

The Outstanding ANG Fuels Superintendent is Senior Master Sgt. Thomas W. Farris, 164th Tactical Airlift Group, Tennessee ANG.

The Outstanding ANG Fuels Noncommissioned Officer is Technical Sgt. Donald K. Short, 186th Resource Management Squadron, Mississippi ANG.

The purpose of this program is to acknowledge outstanding contributions toward improving supply operations and to recognize outstanding individual performance in fuels operations.

## COMMUNICATION AWARDS

The 1989 Tactical Communications Division announced their Air National Guard (ANG) Senior Non-commissioned Officer Noncommissioned officer and Airman of the Year awards.

Honors were bestowed to Sgt. Amy D. Gregory, 175th Mission Support Flight, Maryland ANG was selected as the ANG Noncommissioned Officer of the Year, and SrA. Steven R. Lind, 227th Air Traffic Control Flight, Colorado ANG for being selected as the ANG Airman of the Year.

## SAFE MILEAGE AWARD

The Air National Guard recipient of Safe Wheels Mileage Award go to the 202nd Engineering Installation Squadron (EIS), Georgia Air National Guard.

The men and women of the 202nd EIS have achieved over 750,000 miles of safe driving, thereby distinguishing themselves as the first Air National Guard unit to achieve this level of safe mileage.

## SECURITY POLICE AWARDS

Selected as the recipients of the 1989 Air National Guard (ANG) Outstanding Security Police Unit awards were the 104th Security Police Flight, Massachusetts ANG and the 119th Security Police Flight North Dakota ANG.

## COMM-COMPUTER SYSTEM AWARDS

The Air National Guard nominations for the 1989 Air Force Communications-Computer Systems Awards have been announced.

The nominee for the 1989 United States Air Force Communication-Computer Systems Professionalism Award is Sgt. Steven R. Gardner, 163rd Mission Support Flight, California Air National Guard.

The nominee for the 1989 United States Air Force Lieutenant General Harold W. Grant Award is the 183rd Mission Support Flight, Illinois Air National Guard.

## JUDGE ADVOCATE GENERAL AWARDS

The recipients of the 1990 Air National Guard (ANG) Judge Advocate General Awards for three respective categories have been announced.

The Outstanding Air National Guard Judge Advocate of the Year is Maj. Steven K. Young, 185th Tactical Fighter Group, Iowa ANG.

The Outstanding Air National Guard Legal Services Airman of the Year is Master Sgt. Larry E. Councilman, 145th Tactical Airlift, North Carolina ANG.

## OJT AWARDS

The 1989 Outstanding Air National Guard (ANG) On-the-Job Training System Managers of the Year Awards belong to the following.

At the staff level, Master Sgt. Margaret I. Cain, 147th Fighter Interceptor Group, Texas ANG.

At the unit level, Master Sgt. Gary F. Plunkett, 187th Tactical Fighter Group, Alabama ANG.

Master Sgt.'s Cain and Plunkett will go on to compete in the Air Force competition.

## NCO PME ACHIEVEMENT AWARD

The recipient of the 1989 ANG Non-Commissioned Professional Military Education Award, Preparatory Course Instructor category, is Master Sgt. Charles K. Trousdale, 152nd Tactical Reconnaissance Group, Nevada ANG.

## Direct Deposit winners

Three Air National Guard elements received Direct Deposit Awards from Deputy Secretary of the Air Force for Accounting, Finance and Banking, Mr. John Scott, recently, based on their participation in the Direct Deposit program.

They included the Air National Guard which received its "Best Organization" award. The award was presented to Brig. Gen. Donald Shepperd, Assistant Director, Air National Guard.

The 120th Fighter Interceptor Group, Great Falls, Mont. was named as the unit with the highest Direct Deposit participation in the Air National Guard. Col. Anthony Corea, Deputy Director, Comptroller accepted the award on behalf of his organization.

The 117th Air Refueling Wing, Pittsburgh, Pa. was named the most improved Air Guard unit with Brig. Gen. Robert Chrisjohn, Wing Commander, and Maj. John Decroo, Comptroller, accepting the award.

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# Wisconsin's 132nd Army band trips down memory lane in Australia

by Staff Sgt. Tom Doherty  
132nd Public Affairs Detachment

Portsea, Victoria, near the southeastern tip of Australia

On some mornings just before day-break, a brightly-lit liner from Tasmania cruises the waters of Port Philip Bay, heading for Melbourne. Dolphins surface and disappear.

But on several mornings in late February, a song seldom heard in these parts over the past forty-odd years broke the tropical calm: "On Wisconsin." In a courtyard between some of the most historic barracks in Australia, the 132nd Army Band, Wisconsin National Guard rehearsed.

## WORLD WAR II

When military bands from Wisconsin first played in Australia, coast watchers peering from nearby Point Napean and elsewhere were not gazing at dolphins and fishing boats. It was early in 1942, and they were watching for Japanese airplanes and warships.

The 32nd Infantry Division, made up of National Guard units from Wisconsin and Michigan, disembarked at Adelaide in May, 1942, just weeks after the fall of Bataan.

At training camps and rest centers and in city concerts and radio broadcasts, the bands of the 32nd Division—dance bands, swing bands, even a beer garden band—helped to lighten the load for Australian and American soldiers about to face combat in the jungles of New Guinea; and for their Australia hosts as well. For an hour or so, the grim headlines were put out of mind, and life was fun again.

From Adelaide to Brisbane, there were some who would remember the musicians and their music for the rest of their lives.

## A NATURAL PICK

So when the Australian Army invited the National Guard to send two bands to Australia to participate in Army Day celebrations this year, it was only natural that one of them would be the 132nd Army Band from Wisconsin and the other, the 188th Army Band from North Dakota.

To kick off the 132nd's six day, five-concert tour, the band marched and played at the Australian Army's School of Signals at Watsonia. This was the start of Army Week in Australia and the 132nd received a warm and enthusiastic reception. But it was at the small coastal town of Mornington that the bandmen hit their stride.

By noon several distinct crowds had gathered in the city park overlooking the bay. Whole classes of school children had moved up close to the band, and a solid phalanx of retired couples had arranged their chairs under a row of shade trees.

## MISTY EYES

What really got feet to tapping and made some eyes turn misty among those under the shade trees was the swing music of the "Dalton Gang," a dance band led by Staff Sergeant Wayne Fraederich. The tune that did it was Glen Miller's "In the Mood."

Again the next morning at City Square in Melbourne, Australia's second-largest city, a core of older

listeners came early and stayed for the whole show, some couples swaying together to the old swing tunes.

These concerts went beyond mere entertainment for older listeners. Something deeper was stirred; they seemed to be listening beyond the music. For them, past and present came together. And when the music was over, and the children were done collecting autographs from members of the band, those with long memories had to come forward and talk.

The most unlikely headgear in the Mornington crowd was worn by a retired funeral director from Melbourne. It was a VFW cap from Antigo, Wisconsin. Bernard Statz, a native of Antigo, went to war as a medic and a member of the 135th Medical Regiment Band. He met his wife, Betty, in Australia, and has lived there for forty years. Of the concert he said, "It was lovely—terrific."

## MEMORIES

A woman who had been close to one of the band directors brought up snapshots of the 32nd's band playing at the Red Cross Rest and Recreation Center at Coolengatta. Mr. Vin Duffy, former Shire President of Mornington, spoke of his years as a rifleman with an Australian battalion that fought alongside the 32nd in Papua, New Guinea.

A sixtyish gent in Melbourne told two guardsmen, "They should have given you a parade through the city. God bless all of you."

In return for the concerts, the Australian Army made sure that the band saw all the sights, panned for gold, spend a day in Melbourne, and was feasted and flattered wherever it went.

That's how it is among friends.



**MARCHING ON** - The 132nd Army Band, Wisconsin Army National Guard, parades down a street entertaining Australian audiences. In 1942, bands of the 32nd Infantry Division performed for U.S. and Australian troops providing a few moments of entertainment before they went off to fight during World War II. (Photo by Staff Sgt. Tom Doherty).



**TRIPLES** - "Families that fly together, stay together." That certainly is the case for Lt. Col. Timmy L. and Capt. Elizabeth (Liza) Hines; for Capt. Monte C. and Jeanne A. Buschow; and for Capt. Josef (Tony) A. and Deanne E. Lins. All six spouses are Army aviators and members of the Texas Army National Guard's 49th Aviation Brigade, Austin, Texas.



# Hawaii's 29th Infantry Brigade trains with gusto in 'Team Spirit'

by Staff Sgt. Dennis Fujii  
Hawaii Army National Guard

(Seoul, Republic of Korea) - A cold 35 degree, but clear night welcomed more than 950 members of the Hawaii Army National Guard recently as they arrived at Osan Air base to take part in exercise "Team Spirit-90".

And, while their arrival was a marked contrast to the balmy 80-degree weather they had left, the arrival of the Hawaii Guard members from the 29th Infantry Brigade(Seperate), came after over a year of planning. Part of that planning and preparation included a deployment to Oregon last August by members of the 2nd battalion, 299th Infantry.

## THE CONTINGENT

The Hawaii "Team spirit" contingent was commanded by Brig. Gen. John R. D'Araujo, Jr., and included more than 400 soldiers from the 2nd Battalion, 299th Infantry, almost 60 soldiers from Troop E, 19th Cavalry, nearly 100 combat engineers from the 227th Engineer Company, 151 soldiers from the 29th Support battalion, a composite group of other soldiers, and 20 helicopter aviators, mechanics and support personnel in addition to 130 Army Guardsmen from the headquarters for the brigade.

## MAIN ATTACK FORCE

During "Team Spirit-90" the brigade was one of the main attack forces for the Army's 25th Infantry Division (Light), the "Tropic Lightning" division famous for its World War II and Vietnam exploits.

However, there were also Republic of Korea, or ROK, soldiers attached to the brigade during its operations, including two infantry battalions, an armored task force, engineer battalion, 105mm towed and 155mm artillery battalion.



**CAMOUFLAGE PREPARATIONS** - SPC Tom Hirai applies camouflage during his recent deployment to the Republic of Korea for exercise "Team Spirit." (Hawaii Army National Guard photo by Staff Sgt. Dennis Fujii).



**LOGISTICS PLANNING** - Capt. Richard Matsumoto and Maj. Melvin Tamaye make plans for logistical support during the recent deployment of elements of Hawaii's 29th Infantry Brigade (Seperate) to the Republic of Korea to participate in exercise "Team Spirit." (Photo by Staff Sgt. Dennis Fujii, Hawaii Army National Guard).

The "Tropic Lightning" division assigned some 100 intelligence specialists and a Vulcan and Stinger platoon to the brigade during its "Team Spirit" operations.

for deployment," noted Staff Sgt. Thomas Parel, also from Company C.

## NOTEWORTHY DEPLOYMENT

The deployment marked the first time since Vietnam the brigade had deployed overseas in such significant numbers. Members of the brigade were one of the few National Guard units ordered to active duty during the Vietnam conflict and maintain a memorial to the members of its units who died in the Vietnam conflict.

One highlight of the "Team Spirit" deployment was a visit by Army Secretary Michael P.W. Stone who met with the unit and briefly spoke to them of their role.

## COLD, HARD FACTS

The weather was definitely different from the Hawaiians' homes. "It's about 10 times colder than we're used to," remarked SPC Pedro Lagutan from Company C, 2nd Battalion, 299th Infantry.

"Despite the rain and the last several nights and muddy fields, the spirits and morale of the soldiers are high," observed Sgt. Rodney Lucas.

"Training in a foreign country is great -- people are motivated and you get to know how to prepare



**MR SECRETARY** - Army Secretary Michael P.W. Stone greets Brig. Gen. John R. D'Araujo, Jr., commander, 29th Infantry Brigade(Seperate), Hawaii Army National Guard during his unit's deployment recently to participate in exercise "Team Spirit-90" in the Republic of Korea. (Photo by Staff Sgt. Dennis Fujii).