



EFMP

Exceptional Family Member Program

EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP) IDENTIFICATION LIST

If you have any questions, please contact the nearest Military Treatment Facility (MTF) EFMP Coordinator

EFMP is a mandatory enrollment program per AR 608-75 that works with military and civilian agencies to provide comprehensive and coordinated community support, housing, educational, medical and personnel services to families with special needs. EFMP benefits the family by considering medical and special education needs in the military personnel assignment process. An exceptional Family Member (EFM) is an active duty family member (adult or child) with any physical, emotional, developmental or intellectual disorder that requires special treatment, therapy, education, training or counseling.

Enrollment in the EFMP is MANDATORY if any of the following criteria are met. Commanders are required to enforce AR 608-75 and take appropriate action against soldiers who knowingly provide false information (art 107, UCMJ) or fail/refuse to enroll an eligible family member in EFMP(art 107, UCMJ). Adverse actions taken against the soldiers will include a general letter of reprimand at the minimum.

In general, an active duty family member qualifies for EFMP if they:

- Have potentially life-threatening conditions and/or chronic medical/physical conditions
- Have medical conditions that require outpatient follow-up support more than once a year with a medical provider beyond the level of a Family Medicine physician
- Have a mental health condition of greater than 6 months duration that has required inpatient or outpatient mental health follow up within the past five years. This includes medical care provided by a primary health care provider
- Have a developmental or developmental disability that requires early intervention (i.e. have an IFSP, or Individualized Family Service Plan) or special education services (i.e. have an IEP, or Individualized Education Plan)

Common Diagnoses for Enrollment:

- ✓ **ADD/ADHD** (only for patients who take more than one medication, take more than usual therapeutic medication dosages, have a co-existing mental health condition, require counseling by a mental health provider, or require medication management by a psychiatrist)
- ✓ **Allergies** (only if patient requires allergy shots or follow up with allergist more than once a year)
- ✓ **Asthma/RAD** (if scheduled inhaled anti-inflammatory agents or bronchodilators are required, patient has required an emergency room visit for acute flare within the past 12 months, or has been hospitalized for asthma within 5 years)
- ✓ **Autism/Pervasive Developmental Disorders** (all require medical enrollment; may also require educational enrollment)
- ✓ **Autoimmune/Neuromuscular Disorders** (such as Muscular Dystrophy, Lupus, Multiple Sclerosis, Rheumatoid Arthritis)
- ✓ **Cancer** (unless patient has completed treatments, is in remission > 5 years, and is requiring no further follow-up)
- ✓ **Cervical Dysplasia/Abnormal pap Smear** (if patient requires pap smears 2x/year or greater or if requires colposcopy)
- ✓ **Cerebral Palsy or Loss of Mobility** (requiring use of wheelchair, walker, or other aide; requiring PT or OT)
- ✓ **Cleft Lip/Palate** (unless full repair is completed and patient is no longer receiving any services or follow-up)
- ✓ **Developmental Delay** (including those receiving early intervention services, speech therapy, PT, or OT)
- ✓ **Diabetes** (all Insulin Dependent DM; any Non-Insulin Dependent DM requiring frequent or specialist follow-up.)
- ✓ **Requirement for Equipment or Internal Medical Devices** (e.g., g-tube, oxygen, pacemaker, v-p shunt, tracheostomy, wheelchair, hearing aide, insulin pump. Need brand and model number for hearing aids, pacemakers, insulin pumps)
- ✓ **Genetic Disorders/Congenital Anomalies** (e.g., Cystic Fibrosis, Trisomy 21, Hydrocephalus, Spina bifida)
- ✓ **Hearing Impairments/Deafness** (requiring hearing aids or special services.)
- ✓ **Heart Conditions** (congenital and acquired heart disease requiring frequent follow up or cardiology consultation more than yearly)
- ✓ **Inflammatory Bowel Disease** (Crohn's, Ulcerative Colitis)
- ✓ **Immunodeficiency** (primary or secondary, including HIV/AIDS)
- ✓ **Mental Health Conditions** (Anxiety Disorder, Bipolar Disorder, Depression, Eating Disorder, Obsessive Compulsive Disorder, PTSD, Schizophrenia, etc. (All with chronic conditions of greater than 6 months duration must be enrolled if treated with medication or counseling within the last 5 years.)
- ✓ **Premature or High Risk Infants** (requiring pediatrician or higher level care more than once a year)
- ✓ **Seizure Disorders/Epilepsy**
- ✓ **Sickle Cell Disease/Bleeding disorders** (such as Hemophilia, or requiring frequent or hematology f/u)
- ✓ **Substance Abuse** (Drug/Alcohol)
- ✓ **Thyroid Problems** (Graves or requiring frequent or endocrinology follow up.)
- ✓ **Vision Problems/Blindness** (sight not corrected with glasses or any conditions requiring ophthalmology more than annually)
- ✓ **Children receiving Special Education/Early Intervention** services required per IFSP or IEP). Form DD 2792-1 must be completed by school/early intervention personnel
- ✓ **Any other medical, psychological or educational condition should be considered if specialist follow-up is required more than once a year.** These include but are not limited to: Internal Medicine, Pediatrics, Allergy/Immunology, Neurosurgery, Audiology, Obstetrics/Gynecology, Cardiology, Oncology, Dermatology, Ophthalmology, Developmental Pediatrics, Orthopedic Surgery, Endocrinology, Otolaryngology (ENT), Gastroenterology, Psychology, Hematology, Psychiatry, Infectious Disease, Pulmonology, Rheumatology, Neonatology, Surgery, Nephrology, Urology, Neurology