



EFMP Exceptional Family Member Program

Army National Guard **Enrollment** Information and Instructions

WHO:

- ARNG Soldiers serving under authority of Title 10 and Title 32 U.S. codes and Active Duty Operational Support (ADOS) orders over 30 consecutive days with family members whose needs meet the eligibility criteria for special medical and/or educational needs as defined by DODI 1315.19, AR 608-75 and NGR 608-1, are **required** to enroll in EFMP.
- ARNG Soldiers not serving under authority of Title 10 and Title 32 U.S. codes or ADOS orders over 30 consecutive day's status with family members whose needs meet the eligible criteria may voluntarily enroll in EFMP. This allows the Soldier to gain access to EFMP immediately upon entering an eligible active duty status (i.e. Soldier is slated for deployment), so voluntary enrollment is encourage.

WHAT:

- A family member (child or adult) with a physical, emotional, developmental, or intellectual disorder that requires special treatment, therapy, education, training, counseling, equipment, assistance, or medical care above the level of a general practitioner may meet the eligibility criteria for EFMP enrollment.

WHEN:

- All ARNG Soldiers should be assessed/screened for EFMP eligibility prior to entering an eligible status, and proceed with enrollment, if applicable.
- Once enrolled, Soldier must keep medical and/or educational needs documentation current in E-EFMP as exceptional family member condition changes or every 3 years, whichever comes first.

WHERE:

- The Military Treatment Facility (MTF) EFMP Office responsible for the area where family members are geographically located will coordinate the enrollment and determine documentation required.
- To find the servicing MTF, go to: <https://efmp.amedd.army.mil/Contact-Us/>

WHY:

- Assignment Coordination: Documented medical and special education needs of the EFMs are considered in the assignment process.
- TRICARE Extended Care Health Option (ECHO): Provides financial assistance to beneficiaries with special needs for an integrated set of services and supplies.
- Respite Care Program: A component of EFMP that provides a temporary rest period for family members responsible for regular care of persons with disabilities.
- Legal Support: All Army Legal Assistance Offices are available to provide EFMP families legal counseling.
- DirectSTEP eCourse Program: Online courses offered at no charge to EFMP families. Follow instructions under "Is This Your First Time Here?" to self-register and create an account: <https://armyefmp2023-ds.lrp.com/>

HOW:

- Soldier initiates a Medial and/or Educational Enrollment Packet for the family member with special needs on Enterprise-EFMP <https://efmp.army.mil/EnterpriseEfmp/>. The system generates the required EFMP documents (DD 2792/DD 2792-1) based on Member selections.
- Schedule a family member enrollment appointment by contacting the servicing MTF EFMP Office to request an appointment.



ARNG EFMP Office-National Guard Bureau
ng.ncr.ngb-arng.mbx.arng-efmp@army.mil
(703) 607-3434 / (703) 601-8296





EFMP

Exceptional Family Member Program

EFMP Self-Assessment Questions

As you approach your Title 10, Title 32, or Active Duty Operational Support (ADOS) assignment, you should ask yourself the questions below. If the answer is "yes" to any of the questions, you should initiate an enrollment package in Enterprise EFMP (<https://efmp.army.mil/EnterpriseEfmp/Login>) and make an appointment at your local Medical Treatment Facility (MTF) Exceptional Family Member Program (EFMP) office for enrollment screening.

1. Do any of your family members have?

- a. A potentially life-threatening condition(s) and/or chronic medical/physical condition(s) (such as high-risk newborns, patients with a diagnosis of cancer within the last 5 years, sickle cell disease, insulin-dependent diabetes) requiring follow-up support more than once a year or specialty care.
- b. Current and chronic (duration of 6 months or longer) mental health condition (such as bipolar, conduct, major affective, or thought and/or personality disorders), inpatient or intensive outpatient mental health service within the last 5 years; intensive (greater than one visit monthly for more than 6 months) mental health services required at the present time. This includes medical care from any provider, including a primary health care provider.
- c. A diagnosis of asthma or other respiratory-related diagnosis with chronic recurring wheezing which meets one of the following criteria:
 - Scheduled use of inhaled and anti-inflammatory agents and/or bronchodilators.
 - History of emergency room use or clinic visits for acute asthma exacerbations within the last year.
 - History of one or more hospitalizations for asthma within the past 5 years.
 - History of intensive care admissions for asthma within the past 5 years.
- d. A diagnosis of attention deficit disorder and/or attention deficit hyperactivity disorder that meets one of the following criteria:
 - A co-morbid psychological diagnosis.
 - Requires multiple medications, psycho-pharmaceuticals (other than stimulants) or does not respond to normal doses of medication.
 - Requires management and treatment by mental health provider (for example, psychiatrist, psychologist, and/or social worker).
 - Requires specialty consultant, other than a family practice physician or general medical officer, more than twice a year on a chronic basis.
 - Requires modification of the educational curriculum or the use of behavioral management staff.

2. Does anyone in your family require?

- a. Adaptive equipment (such as apnea home monitor, home nebulizer, wheelchair, splints, braces, orthotics, hearing aids, home oxygen therapy, home ventilator, and so forth).
- b. Assistive technology devices (such as communication devices) or services.
- c. environmental and/or architectural considerations (such as limited number of steps, wheelchair accessibility and/or housing modifications, and air conditioning).

3. Does anyone in your family have special education needs?

- Has or requires an Individualized Family Service Plan (IFSP)
- Has or requires an Individualized Education Plan (IEP)

ARNG EFMP Office Contact

ng.ncr.ngb-arng.mbx.arng-efmp@army.mil

(703) 607-3434 / (703) 601-8296

