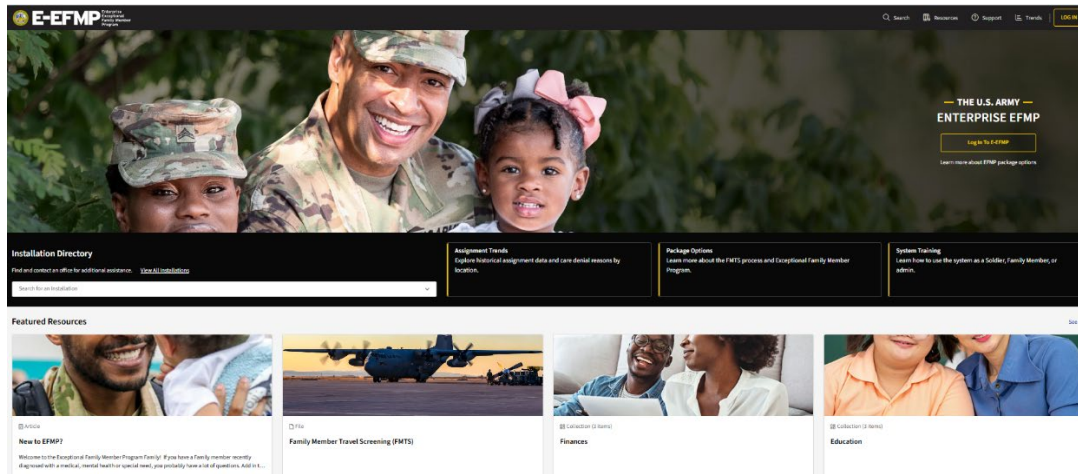




EFMP Exceptional Family Member Program

Important Website Links and Information



- **Army Enterprise EFMP (E-EFMP):** <https://efmp.army.mil/EnterpriseEfmp/>
Go to this website to initiate or update an EFMP medical or educational enrollment, initiate a Family Member Travel Screening, EFMP Office Directory, and resources. Browse the E-EFMP Training tab on the homepage for step-by-step guides and videos that provide a walkthrough for performing different actions within the E-EFMP system.
- **Army Medical Department EFMP:** <https://efmp.army.afpims.mil/Contact-Us/CONUS-Map/>
Go to this website to find your servicing Military Treatment Facility (MTF). The Army has appointed a medical EFMP office for each state and every country around the world to allow Soldiers and their Families to ask questions, obtain assistance, and to process EFMP documentation.
- **TRICARE Extended Care Health Option (ECHO):** <https://www.tricare.mil/Plans/SpecialPrograms/ECHO>
Go to this website to learn more about the benefits and eligibility criteria for the TRICARE ECHO program. The Extended Care Health Option (ECHO) provides financial assistance to beneficiaries with special needs for an integrated set of services and supplies for those who qualify.
- **Respite Care Program - Army MWR:** <https://www.armymwr.com/installation>
Go to this website to find the installation EFMP manager at your local Army Community Services (ACS) office to apply for Respite Care. Respite Care is a component of EFMP that provides a temporary rest period for Family members responsible for regular care of persons with disabilities for those who qualify.
- **Special Education Legal Assistance:** <https://legalassistance.law.af.mil/>
Go to this website to find a U.S. Armed Forces Legal Assistance office near you. Offices are staffed with attorneys trained in special education law and can provide basic support in navigating IEPs and other special education legal issues.
- **DirectSTEP eCourse Program:** <https://armyefmp2023-ds.lrp.com/>
Go to this website to enroll in online courses offered at no charge to EFMP families. Follow instructions under "Is This Your First Time Here?" to self-register and create an account.
- **TRICARE National Guard/Reserve Members and Families:** <https://www.tricare.mil/Plans/Eligibility/NGRMandFamilies>
Go to this website to learn about TRICARE eligibility, plans, and benefits based on military status.
- **Defense Finance and Accounting Service (DFAS) Army Secondary Dependency Claims:** https://www.dfas.mil/MilitaryMembers/SecondaryDependency/secondarydependency_Army/claims_packages_Army/
Go to this website to find links to the forms, instructions and guides necessary to claim secondary (adult) dependents.