

# NGB's Strong Bonds / Building Strong and Ready Teams

Strong Bonds / Building Strong and Ready Teams is a command-directed, chaplain-led, community partnered effort that strengthens spiritual readiness for Service members of all ranks and their families.

SB/BSRT's Goal is to provide Events with curriculum that is verified as impactful to ensure Service members and their families are getting the very best training wherever they go, whether they are individuals or couples *and* their families, in any situation.

The core mission of these Strong Bonds programs is to increase individual Service member and family member readiness through relationship education and skills training. Strong Bonds is conducted in an off-site retreat format in order to maximize the training effect. The retreat or "getaway" provides a fun, safe and secure environment in which to address the impact of relocations, deployments and military lifestyle stressors.

**Search for a local SB/BSRT Event Near You!**

<https://bsrt.army.mil/>

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[www.angstrongbonds.org](http://www.angstrongbonds.org)

**Building Strong  
& Ready Teams**



<https://www.militaryonesource.mil/benefits/building-strong-and-ready-teams/>

Authority: 10 USC § 1789