

Response/Recovery (RE) Leadership Integrated Engagement Framework (RELIEF)



TRAIN & PREPARE FIRST RESPONDERS & LEADERS

- Psychosocial support training
- Crisis/grief leadership training
- Rapid skill training for new operational demands
- Preparation for reintegration

PROMOTE CONNECTEDNESS & RESILIENCY

- Family/relationship support
- Leadership support
- Community engagement
- Resiliency training
- Peer support and unit cohesion
- Guidance for and access to communication platforms

COORDINATE & COMMUNICATE ABOUT RESOURCES

- Clear communication about crisis and relief efforts
- Access to online resources
- Coordination of communication and response across organizations



IDENTIFY AREAS OF NEED

- Screening to identify individuals at risk
- Assessments to identify strengths and areas of need
- Continual assessment, monitoring, and evaluation

PROVIDE TIERED BEHAVIORAL HEALTH SUPPORT

- Universal – wellness, stress management, self-care
- Selective – interventions for at risk groups (e.g., military first responders)
- Indicated – treatment for individuals in need

ADDRESS BASIC NEEDS & SAFETY

- Employment/finances
- Housing instability
- Childcare
- Food security and nutrition
- Access to care
- Interpersonal violence
- Lethal means safety (e.g., managing access to firearms, medications, etc., for those at risk)

Response/Recovery (RE) Leadership Integrated Engagement Framework (RELIEF)



The **Response/Recovery (RE) Leadership Integrated Engagement Framework (RELIEF)** provides a unified crisis response and recovery strategy for the National Guard (NG). RELIEF outlines key activities and areas of support states should consider to ensure that NG Service members are resilient during and after crisis response.

Leaders can identify the key domains on which to focus to develop a strong crisis response and state/territory recovery plan. Specific resources and programs are provided under each domain of RELIEF for illustrative purposes; however, leaders should work with state-level SMEs to identify the national and local resources that best meet the needs of their NG Service members.

NGB/NG State Program staff can explore how existing programs fit into evidence-based broader response and recovery strategies, identify related programs and resources with which they can collaborate, and ensure that programs are aligned to meet the specific needs of NG Service members during and after crisis response.

NG Service Members and Families can gain a clear understanding of the NG's response and recovery plan and learn about specific resources and programs they can access to receive the support they need.