

# ARMY NATIONAL GUARD

Defense Eligibility Enrollment Reporting  
Systems (DEERS) Project Office  
Soldier Journey Checklist



Preparing Soldiers and their families  
for the Army National Guard's Mission

## **Create a MilConnect account**

<https://milconnect.dmdc.osd.mil/milconnect/manage>  
health benefits

## **Create a Humana Military account**

<https://www.humanamilitary.com/review>  
TRICARE eligibility

- Ensure your previous and current assignments are updated and current in the Integrated Personnel and Pay System - Army (IPPSA)
- Schedule office calls with your Human Resources Section (S1/G1/J1) or your Active Guard Reserve (AGR) Branch Manager to review/verify that all your active-duty orders that are eligible for a TRICARE benefit are current

**Share this with a battle buddy to be proactive with TRICARE readiness**



One of the reoccurring challenges we experience are individuals who are not currently enrolled in a TRICARE plan. At every (active order) status change, you must re-enroll in TRICARE. Active duty Guardsmen and Traditional (M-Day) Guardsmen are eligible for different TRICARE plans.

**Ensure you are enrolled in the correct TRICARE program for your status**

<https://tricare.mil/Plans/Eligibility/NGRMandFamilies>

**Know where your closest DEERS office is located**

<https://idco.dmdc.osd.mil/idco/>

Review your service history and ensure all your service aligns to your National Guard Bureau Form 23

**Share this with a battle buddy and be proactive with TRICARE readiness**



## **TRICARE Bills and Eligibility**

**Step 1:** ensure you have orders that cover the time in question (coordinate with your State for processing / updating your personnel record to reflect TRICARE eligibility and coverage

**Step 2:** If you paid any out of pocket expense, click the link below for guidance on completing claims with TRICARE

<https://tricare.mil/formsclaims/claims/medicalclaims>

\*\*Eligible active duty orders must be 31 days or more of a single order for eligibility of active duty TRICARE benefits. You may not piece together shorter active duty orders to equal 31 days or more.

**Plans for TRICARE Eligibility for Soldier status (active / inactive)**

<https://tricare.mil/Plans/Eligibility/NGRMandFamilies>

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# TAMP (Transition Assistance Management Program)

<https://tricare.mil/Plans/SpecialPrograms/TAMP>

*According to the Code of Federal Regulation (CFR) at <https://www.ecfr.gov/current/title-32/subtitle-A/chapter-I/subchapter-F/part-161> SM's are entitled to TAMP or TA-180 if they meet one of the qualifying conditions:*

- Involuntarily separated with an eligible Special Program Designator (SPD) code
- (Verify DD Form 214 or separation order)
- • Involuntarily retained on Active Duty in support of a contingency operation
- Voluntarily remained on Active Duty for one year or less in support of a contingency operation
- Reserve Component members (Guard and Reserve) who are demobilized/deactivated after being called to AD for 31 days or more in support of a contingency operation
- Member receiving a sole survivorship discharge
- Member separating from Active Component, and agrees to become a member of the Selected Reserve of the Ready Reserve of a Reserve Component with no break in service



# **TAMP (Transition Assistance Management Program CONTINUED**

Also, if the SM is on T32 COVID orders for 31 days or more after January 1, 2021, will be eligible for TAMP- 180.

**EXAMPLE** of possible benefits entitled to Service Member:

- Service Member goes onto T10 MOB from 2022JAN01-2023JAN01
- Next: Service Member goes on T10 ADOS from 2023JAN02- 2023FEB0228 (58 days).
- TAMPS starts 2023MAR01

Results: The Project Office collects the supporting documentation based off the original orders provided. TRICARE then makes the determination of benefits that the Service Member is entitled to.

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# DS Login (Military Dependents and Retirees)

Military Dependents and Retirees must create a DS Login for TRICARE benefits management.

<https://www.dmdc.osd.mil/identitymanagement/app/login>



## IMPORTANT INFORMATION!

All Users

### ATTENTION MILITARY DEPENDENTS, RETIREES AND DEPENDENTS:

The preferred method to create a DS Logon account is to select "Email Registration" when prompted. An email with activation code will be sent to the unique email address on file with instructions (emails cannot be shared amongst family).

### ADDITIONAL INFORMATION NEEDED:

Click the "Need Support?" button on the bottom right of this page and download a copy of the Support Documentation for additional information regarding account creation by user type, remote proofing requirements, and how-to.

### VA.GOV KNOWN ISSUE:

There is a known issue with DS Logon and VA.gov. In order for users to access VA.gov, use a non-Government issued computer. If you are still having issues, there are alternative credentials you can use.

### PROTECT YOUR PRIVATE INFORMATION:

After visiting DS Logon or one of our partner sites, always LOG OFF and CLOSE all your browser windows AND all open tabs to protect your information and privacy. If you choose not to close your browser and all open tabs, you are risking your information being viewable.

### IMPORTANT TIP:

If you experience issues on any of our partner sites, ensure you are using Chrome or Edge, and if needed, clear your cookies, cache, and all browser session(s). You may need to allow pop-ups.

For account questions, account creation, and username/password please contact the DMDC Beneficiary Line at 1-800-538-9522

**TRICARE East: 1-800-444-5445**

**TRICARE West: 1-844-866-9378**

For any additional questions, please email the  
**ARNG DEERS Project Office**

ng.ncr.ngb-arng.mbx.deersrapids-project-  
office@army.mil

